



Southeastern Swim Club
2025 Summer Sizzler
May 30th through June 1st, 2025
Hamilton Southeastern High School Natatorium

Sanction: This meet is held under the sanction of USA Swimming and Indiana Swimming. Sanction #IN25253. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

Host: Southeastern Swim Club, PO Box 327, Fishers, IN 46038

Meet Directors: Amy Chesterfield, meetdirector@southeasternswim.org

Meet Referee: Dan Brackney, danielbrackney@yahoo.com

Admin Referee: Peter Salvadori, peter.salvadori@gmail.com

Entry Chair: Coach Blake Brewer, coachblake@southeasternswim.org

FACILITY

Location: Hamilton Southeastern High School Natatorium, 13910 E. 126th St., Fishers, IN 46037

Natatorium: The meet will be held at the Hamilton Southeastern High School Natatorium, which has eight (8), 50 meter lanes. Lane dimensions are 7'6" wide each with non-turbulent lane markers with pool depth ranges from 4'8" to 13'. Omega touchpads and timing system will be used. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Facility Notes: This is our home facility and we ask all teams to treat it as if it is their own. Swimmers, coaches, officials, volunteers, and spectators must abide by these rules:

- Keep all trash picked up
- No sound devices or objects such as balls, radios, etc. that are an inconvenience to swimmers, coaches, officials, workers, or spectators will be allowed.
- NO GLASS WILL BE ALLOWED ON DECK!
- **Only coaches, athletes, officials, and volunteers will be allowed entry to the pool deck.** As per insurance regulations, no parents (except volunteers) will be allowed on deck.
- **No personal chairs will be allowed in the spectator area.**
- **No camping in the spectator area or hallways.**
- Do not go or let children go to any unauthorized areas.
- **Anyone caught abusing the facilities will be asked to leave the meet IMMEDIATELY and the team will be billed for any damages caused by their swimmers!**

Competition: Lanes 1-7 will be used for competition during all sessions. Lane 8 will be a warm-up/cool-down.

Admission: Free, no limitations on head count beyond local fire code and building occupancy restrictions.

Live Stream: There will not be a live stream available for this meet.

- Hospitality:** Full complimentary hospitality for all coaches and meet support personnel.
- Concessions:** Concessions will be offered for the duration of the meet when permitted by the HSE Athletic Department (other sports may have right of use during other sessions, but it should remain open for the duration of the meet).
- Parking:** Free parking will be available in the HSE Athletic area. Please use Door #10 (near the football field just off 126th Street) to enter and exit the building.

MEET FORMAT & ENTRIES

- Format:** Events for 11-12, 13-14 & 15 & Over will be swum as Preliminary heats & Finals format. The exceptions will be the 400 Free and 400 IM which will be swum as timed finals with the top seeded heat swimming in finals. The Open 800 and 1500 Free will be timed finals during the distance session.
- Finals will have a B Final (consolation heat) and an A final for 11-12, 13-14 and 15 & over.
- All 10 & Under events will be swum as timed finals
- Chase starts may be utilized during preliminary heats and timed finals
- Fly over starts may be utilized during preliminary heats, timed finals and finals
- All relays will be swum as timed finals—each team may enter up to 5 relays in each event.
- Deadlines:** Scratch deadline for Friday prelims will be 90 minutes prior to session start. Scratch deadline for Saturday and Sunday prelims will be 30 minutes after the beginning of finals the prior day.
- Scratch deadline for 10 & Under sessions will be at the start of the warmup for the session.
- Positive check in for the 800 Free, 1500 Free and 10 & under 400 Free must be completed by 11:00 am Friday.
- Relay Cards are due 1 hour prior to the approximate beginning of the event on the published session report.
- Meet Schedule:** Friday, Saturday, Sunday will all be run as follows. Event List at the end of the document.

<u>Session Number</u>	<u>Session Warmup</u>	<u>Session Start</u>
1 – Friday AM Prelims	7:00 am	9:00 am
2 – Friday Mid Distance	12:00 pm	1:00 pm
3 – Friday PM Finals	4:00 pm	5:30pm
4 – Saturday AM Prelims	7:00 am	9:00 am
5 – Saturday 10 & Under	12:00 pm	1:00 pm
6 – Saturday Finals	4:00 pm	5:30 pm
7 – Sunday AM Prelims	7:00 am	9:00 am
8 – Saturday 10 & Under	12:00 pm	1:00 pm
9 – Sunday Finals	4:00 pm	5:30 pm

All times listed are subject to change based on final entry numbers and the potential need for staggered warm-up times and/or flighted sessions.

- Clerk of Course:** Clerk of course will be offered during 10 & under sessions only.

Eligibility: Swimmers must be registered with USA Swimming as provided in Article 302 of the current USA swimming rule book. Age as of May 30, 2025 will determine the swimmers age for the entire meet. Indiana Swimming does not process on-site registrations.

Entries: **All swimmers will be limited to 6 total individual events for the weekend, 3 maximum per day. Relay entries and 1 Friday distance event (Session 2) do not count towards a swimmer's entry numbers.**

If an entry is submitted with an individual in more events than allowed, the swimmer must scratch down to the maximum number of events by the appropriate deadline. SSC may limit the number of swimmers in any one or more events to maintain a reasonable length of the meet. Absolutely no deck entries.

Entries will be accepted beginning April 28 through May 23. Additions and corrections will be accepted until May 26. However, based on the number of initial entries, SSC reserves the right to refuse additions after a team's initial entry. Only electronic entries will be accepted—**please send to Entry Chair**. Teams submitting entries will receive confirmation that entries have been received. Timelines and limited events (if any) will be posted to website and emailed to team representatives by May 28th at 7 PM.

Scratch: During prelims, a 30-minute scratch rule will be in effect. A qualified swimmer who does not wish to swim a Finals event has 30 minutes after the Announcer reads the results of the Prelim competition to declare his/her intention to scratch.

The Scratch Table will be located near the Admin platform on the north end (windows) of the pool.

National scratch procedures and penalties, USA Swimming rule 207.11.6, will be observed.

Disability Athletes: Coaches entering swimmers with disabilities that require any accommodations, including the need for any personal assistants and/or registered service animals, must provide advance notice in writing, accompanying their meet entry file, to the Meet Director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.

Entry Fees: \$20.00 per athlete surcharge **AND** \$5.00 per individual timed finals event or \$6.00 per prelims/finals event. \$8.00 per Relay entered.

Please bring one check made payable to **Southeastern Swim Club** that covers all entries. **All Fees must be submitted before the start of the meet. Please include the attached entry sheet summary with your fees.**

Southeastern Swim Club reserves the right to limit and or combine events if it is deemed necessary to complete the session within reasonable limits. In the event that entries are limited, SSC will return the entry fees to the Club(s) whose swimmers are not allowed to compete in the specific event(s).

Final Results: Meet Mobile will be available for heat sheets and results. These are considered UNOFFICIAL RESULTS and are provided as a courtesy only. It is possible that results could be delayed. Results will be posted on the main spectator concourse. **Final results will be distributed in the manner specified on the Team Summary Report.**

Awards: Medals will be awarded to the top 3 finishers in each individual event. Ribbons will be provided for places 4th-8th in each individual event and for the top 3 teams for each relay.

Officials: An attempt will be made to certify this meet as an OQM (Officials Qualifying Meet) for National Evaluations. If approved, evaluations for all N2 positions and N3 Stroke and Turn will be available for eligible officials.

Certified USA officials interested in officiating at the meet should contact:

Peter Salvadori, peter.salvadori@gmail.com

RULES, POLICIES, AND RISK ASSUMPTION

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND Indiana Swimming AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

In applying for this sanction, the Host, Southeastern Swim Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Indiana Swimming, the State of Indiana, and local health department.

Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming, including 202.5 (Conditions Of Sanction).

USA Swimming Rule 202.5.3 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Coaches have the responsibility of ensuring that all their swimmers are instructed in warm-up procedures and that the swimmers follow all Indiana Swimming safety procedures. All swimmers will enter the pool from a sitting or 3-point position. No pushing, splashing, running or any other general horseplay. Swimmers engaging in such activities will be asked to leave the pool.

All referees, starters, administrative officials, chief judges and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other World Aquatics-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.

Coaches and officials MUST present their current USA Swimming credentials to gain deck access. The meet referee reserves the right to ask for coach/official to display credentials and/or deny deck access if a coach/official does not comply or credentials are no longer valid or current. Coaches/officials must show a photo ID at the check in table to gain deck access.

ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK. This is an insurance requirement of USA Swimming, and will be strictly enforced. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water, without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. 102.8.1.F No technical suits shall be worn by any 12&U USA Swimming athlete member in competition at any sanctioned, approved or observed meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas or locker rooms.

Deck changes are prohibited.

USA Swimming article 202.4.11.J shall apply: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Any photographs, videotape, or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested..

All accidents resulting in injury are to be reported to the meet directors. The online USA Swimming Report of Occurrence form must also be submitted. Trainers in a limited capacity, lifeguards, and AED devices will be available to athletes participating in the meet.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Southeastern Swim Club 2025 Summer Sizzler Meet



Club Name: _____ Club Code: _____

Indiana Swimming Athlete Surcharge # Boys _____ + # Girls _____ X \$20.00 \$ _____

Number of Boys' Timed Final Events _____ x \$5.00 each = \$ _____

Number of Girls' Timed Final Events _____ x \$5.00 each = \$ _____

Number of Boys' Prelim/Final Events _____ x \$6.00 each = \$ _____

Number of Girls' Prelim/Final Events _____ x \$6.00 each = \$ _____

Number of Boys' Relays _____ x \$8.00 each = \$ _____

Number of Girls' Relays _____ x \$8.00 each = \$ _____

TOTAL AMOUNT ENCLOSED: (Payable to Southeastern Swim Club - Nonrefundable) \$ _____

Club Official Submitting Entry:

Name: _____ Address: _____

City: _____ State/Zip: _____

E-Mail Address: _____

Please Check, in which form you, would like results sent to you:

_____ Hard Copy (snail mail or .html file E-mailed) _____ Meet Manager Backup (E-mailed)

_____ Team Manager File .cl2 (E-mailed) _____ All of the above

E-mail address to send final results: _____

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges Southeastern Swim Club, and its Board of Directors, USA Swimming, Indiana Swimming and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless Southeastern Swim Club, USA Swimming, Indiana Swimming and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2025.

Signature of Club Official or Coach: _____

(**Person who signs above is responsible for any fines imposed upon club.)

**You may have one designated spokesperson for your team to talk to the referee. The coach would be the logical person.

Please list the name of your spokesperson: _____

Did you include? _____ Entry Forms or Hy-Tek Meet Manager Disc with Hard Copy Print out _____ Check

____ I have read the rules and understand all of them. ____ Completed Summary Page ____

ORDER OF EVENTS

Session 1

Event	Friday AM Prelims	Event
1	11-12 200 IM	2
3	13-14 200 IM	4
5	15 & Over 200 IM	6
7	11-12 100 Fly	8
9	13-14 100 Fly	10
11	15 & Over 100 Fly	12
13	11-12 100 Free	14
15	13-14 100 Free	16
17	15 & Over 100 Free	18
19	11-12 100 Back	20
21	13-14 200 Back	22
23	15 & Over 200 Back	24
25	11-12 400 Free Relay	26
27	13-14 400 Free Relay	28
29	15 & Over 400 Free Relay	30

Session 2

Event	Friday Distance	Event
101	10 & under 400 Free	102
97	Open 800 Free	98
99	Open 1500 Free	100

Session 3

Event	Friday PM Finals	Event
1	11-12 200 IM	2
3	13-14 200 IM	4
5	15 & Over 200 IM	6
7	11-12 100 Fly	8
9	13-14 100 Fly	10
11	15 & Over 100 Fly	12
13	11-12 100 Free	14
15	13-14 100 Free	16
17	15 & Over 100 Free	18
19	11-12 100 Back	20
21	13-14 200 Back	22
23	15 & Over 200 Back	24

Session 4

Event	Saturday AM Prelims	Event
31	11-12 400 IM	32
33	13-14 400 IM	34
35	15 & Over 400 IM	36
37	11-12 50 Back	38
39	13-14 100 Back	40
41	15 & Over 100 Back	42
43	11-12 200 Free	44
45	13-14 200 Free	46
47	15 & Over 200 Free	48
49	11-12 50 Breast	50
51	13-14 100 Breast	52
53	15 & Over 100 Breast	54
55	11-12 400 Medley Relay	56
57	13-14 400 Medley Relay	58
59	15 & Over 400 Medley Relay	60

Session 5

Event	Saturday 10 & Under	Event
103	10 & Under 200 Free	104
105	10 & Under 100 Fly	106
107	10 & Under 50 Back	108
109	10 & Under 100 Breast	110
111	10 & Under 50 Free	112
113	10 & Under 200 Medley Relay	114

Session 6

Event	Saturday PM Finals	Event
91	11-12 200 Free Relay	92
93	13-14 200 Free Relay	94
95	15 & Over 200 Free Relay	96
31	11-12 400 IM	32
33	13-14 400 IM	34
35	15 & Over 400 IM	36
37	11-12 50 Back	38
39	13-14 100 Back	40
41	15 & Over 100 Back	42
43	11-12 200 Free	44
45	13-14 200 Free	46
47	15 & Over 200 Free	48
49	11-12 50 Breast	50
51	13-14 100 Breast	52
53	15 & Over 100 Breast	54

Session 7

Event	Sunday AM Prelims	Event
61	11-12 400 Free	62
63	13-14 400 Free	64
65	15 & Over 400 Free	66
67	11-12 50 Fly	68
69	13-14 200 Fly	70
71	15 & Over 200 Fly	72
73	11-12 50 Free	74
75	13-14 50 Free	76
77	15 & Over 50 Free	78
79	11-12 100 Breast	80
81	13-14 200 Breast	82
83	15 & Over 200 Breast	84
85	11-12 200 Medley Relay	86
87	13-14 200 Medley Relay	88
89	15 & Over 200 Medley Relay	90

Session 8

Event	Sunday 10 & Under	Event
115	10 & Under 200 IM	116
117	10 & Under 50 Fly	118
119	10 & Under 100 Back	120
121	10 & Under 50 Breast	122
123	10 & Under 100 Free	124
125	10 & Under 200 Free Relay	126

Session 9

Event	Sunday PM Finals	Event
61	11-12 400 Free	62
63	13-14 400 Free	64
65	15 & Over 400 Free	66
67	11-12 50 Fly	68
69	13-14 200 Fly	70
71	15 & Over 200 Fly	72
73	11-12 50 Free	74
75	13-14 50 Free	76
77	15 & Over 50 Free	78
79	11-12 100 Breast	80
81	13-14 200 Breast	82
83	15 & Over 200 Breast	84