

2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 1 13-14 Timed Final Session- Thursday

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13-14 50 Butterfly	35	5	04:00 PM	_____
Finals	2 Boys 13-14 50 Butterfly	45	6	04:04 PM	_____
Finals	3 Girls 13-14 1500 Freestyle Heat 1	8	1	04:08 PM	_____
Finals	4 Boys 13-14 1500 Freestyle Heat 1	8	1	04:27 PM	_____
Finals	5 Girls 13-14 50 Backstroke	37	5	04:46 PM	_____
Finals	6 Boys 13-14 50 Backstroke	35	5	04:51 PM	_____
Finals	3 Girls 13-14 1500 Freestyle Heat 2	8	1	04:55 PM	_____
Finals	4 Boys 13-14 1500 Freestyle Heat 2	7	1	05:15 PM	_____
Finals	7 Girls 13-14 50 Breaststroke	35	5	05:35 PM	_____
Finals	8 Boys 13-14 50 Breaststroke	37	5	05:39 PM	_____
Finals	3 Girls 13-14 1500 Freestyle Heat 3	4	1	05:43 PM	_____
Finals	4 Boys 13-14 1500 Freestyle Heat 3	3	1	06:04 PM	_____
	Swimmers Counts for Warm-ups: 208	=====	=====		
	Entry / Heat Totals:	262	37		
	Finish Time			06:24 PM	_____

ESTIMATED TIMELINE

Start times listed are only an estimate and actual start times may be before or after those listed.

2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 2 11 & over Prelim/Final Session- Friday

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	17 Girls 11-12 100 Freestyle	43	6	08:00 AM	_____
Prelims	18 Boys 11-12 100 Freestyle	38	5	08:10 AM	_____
Prelims	19 Girls 13-14 200 Freestyle	63	8	08:17 AM	_____
Prelims	20 Boys 13-14 200 Freestyle	42	6	08:39 AM	_____
Prelims	21 Girls 11-12 100 Breaststroke	36	5	08:54 AM	_____
Prelims	22 Boys 11-12 100 Breaststroke	29	4	09:03 AM	_____
Prelims	23 Girls 13-14 100 Breaststroke	33	5	09:11 AM	_____
Prelims	24 Boys 13-14 100 Breaststroke	38	5	09:20 AM	_____
Finals-S	25 Girls 11-12 200 Backstroke	8	1	09:28 AM	_____
Finals-S	26 Boys 11-12 200 Backstroke	10	2	09:32 AM	_____
Prelims	27 Girls 13-14 100 Butterfly	40	5	09:39 AM	_____
Prelims	28 Boys 13-14 100 Butterfly	36	5	09:47 AM	_____
Prelims	29 Girls 11-12 50 Butterfly	44	6	09:54 AM	_____
Prelims	30 Boys 11-12 50 Butterfly	40	5	10:00 AM	_____
Finals-S	31 Girls 13-14 400 IM	21	3	10:05 AM	_____
Finals-S	32 Boys 13-14 400 IM	27	4	10:23 AM	_____
Finals-S	33 Girls 11-12 400 Freestyle	23	3	10:47 AM	_____
Finals-S	34 Boys 11-12 400 Freestyle	14	2	11:03 AM	_____
Finals-S	35 Girls 13-14 400 Medley Relay	22	3	11:15 AM	_____
Finals-S	36 Boys 13-14 400 Medley Relay	24	3	11:32 AM	_____
Swimmers Counts for Warm-ups: 465		=====	=====		
Entry / Heat Totals:		631	86		
Finish Time				11:48 AM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 3 10 & Under Timed Final Session- Friday

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Girls 10 & Under 200 Freestyle	40	5	02:00 PM	_____
Finals	10 Boys 10 & Under 200 Freestyle	26	4	02:18 PM	_____
	Break: 10 Minutes: Awards 9-10				
Finals	11 Girls 10 & Under 50 Backstroke	29	4	02:41 PM	_____
Finals	12 Boys 10 & Under 50 Backstroke	40	5	02:47 PM	_____
	Break: 10 Minutes: Awards 11-12				
Finals	13 Girls 10 & Under 100 Breaststroke	26	4	03:04 PM	_____
Finals	14 Boys 10 & Under 100 Breaststroke	22	3	03:13 PM	_____
	Break: 10 Minutes: Awards 13-14				
Finals	15 Girls 10 & Under 50 Butterfly	33	5	03:30 PM	_____
Finals	16 Boys 10 & Under 50 Butterfly	33	5	03:36 PM	_____
	Break: 10 Minutes: Awards 15-16				
	Swimmers Counts for Warm-ups: 134	=====	=====		
	Entry / Heat Totals:	249	35		
	Finish Time			03:52 PM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 4 11 & Over Final Session- Friday

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Girls 11-12 100 Freestyle	16	2 u	05:00 PM	_____
Finals	18 Boys 11-12 100 Freestyle	16	2 u	05:05 PM	_____
Finals	19 Girls 13-14 200 Freestyle	16	2 u	05:09 PM	_____
Finals	20 Boys 13-14 200 Freestyle	16	2 u	05:15 PM	_____
Break: 8 Minutes: Awards 17-20					
Finals	21 Girls 11-12 100 Breaststroke	16	2 u	05:29 PM	_____
Finals	22 Boys 11-12 100 Breaststroke	16	2 u	05:34 PM	_____
Finals	23 Girls 13-14 100 Breaststroke	16	2 u	05:39 PM	_____
Finals	24 Boys 13-14 100 Breaststroke	16	2 u	05:44 PM	_____
Finals-1	25 Girls 11-12 200 Backstroke	8	1	05:48 PM	_____
Finals-1	26 Boys 11-12 200 Backstroke	8	1	05:51 PM	_____
Break: 12 Minutes: Awards 21-26					
Finals	27 Girls 13-14 100 Butterfly	16	2 u	06:06 PM	_____
Finals	28 Boys 13-14 100 Butterfly	16	2 u	06:10 PM	_____
Finals	29 Girls 11-12 50 Butterfly	16	2 u	06:14 PM	_____
Finals	30 Boys 11-12 50 Butterfly	16	2 u	06:17 PM	_____
Finals-1	31 Girls 13-14 400 IM	8	1	06:20 PM	_____
Finals-1	32 Boys 13-14 400 IM	8	1	06:27 PM	_____
Finals-1	33 Girls 11-12 400 Freestyle	8	1	06:33 PM	_____
Finals-1	34 Boys 11-12 400 Freestyle	8	1	06:39 PM	_____
Break: 16 Minutes: Awards 27-34					
Finals-1	35 Girls 13-14 400 Medley Relay	8	1	07:01 PM	_____
Finals-1	36 Boys 13-14 400 Medley Relay	8	1	07:07 PM	_____
Break: 8 Minutes: Awards 35-36					
Swimmers Counts for Warm-ups: 187		=====	=====		
Entry / Heat Totals:		256	32		
Finish Time				07:21 PM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 5 11 & Over Prelim/Final Session Saturday

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	45 Girls 13-14 200 Freestyle Relay	15	2	08:00 AM	_____
Finals-S	46 Boys 13-14 200 Freestyle Relay	24	3	08:05 AM	_____
Prelims	47 Girls 11-12 200 Freestyle	31	4	08:12 AM	_____
Prelims	48 Boys 11-12 200 Freestyle	29	4	08:24 AM	_____
Prelims	49 Girls 13-14 50 Freestyle	108	14	08:35 AM	_____
Prelims	50 Boys 13-14 50 Freestyle	73	10	08:47 AM	_____
Prelims	51 Girls 11-12 100 Butterfly	35	5	08:55 AM	_____
Prelims	52 Boys 11-12 100 Butterfly	26	4	09:03 AM	_____
Prelims	53 Girls 13-14 200 Butterfly	16	2	09:10 AM	_____
Prelims	54 Boys 13-14 200 Butterfly	25	4	09:16 AM	_____
Prelims	55 Girls 11-12 50 Backstroke	35	5	09:28 AM	_____
Prelims	56 Boys 11-12 50 Backstroke	36	5	09:34 AM	_____
Prelims	57 Girls 13-14 100 Backstroke	49	7	09:40 AM	_____
Prelims	58 Boys 13-14 100 Backstroke	40	5	09:53 AM	_____
Finals-S	59 Girls 11-12 200 Breaststroke	16	2	10:02 AM	_____
Finals-S	60 Boys 11-12 200 Breaststroke	15	2	10:09 AM	_____
Finals-S	61 Girls 13-14 400 Freestyle	39	5	10:15 AM	_____
Finals-S	62 Boys 13-14 400 Freestyle	26	4	10:42 AM	_____
Finals-S	63 Girls 11-12 200 Medley Relay	17	3	11:02 AM	_____
Finals-S	64 Boys 11-12 200 Medley Relay	20	3	11:11 AM	_____
Finals-S	65 Girls 13-14 200 Medley Relay	20	3	11:21 AM	_____
Finals-S	66 Boys 13-14 200 Medley Relay	26	4	11:29 AM	_____
	Swimmers Counts for Warm-ups: 561	=====	=====		
	Entry / Heat Totals:	721	100		
	Finish Time			11:41 AM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 6 10 & Under Timed Final Session Saturday

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 10 & Under 100 Butterfly	21	3	02:00 PM	_____
Finals	38 Boys 10 & Under 100 Butterfly	31	4	02:07 PM	_____
	Break: 10 Minutes: Awards 37-38				
Finals	39 Girls 10 & Under 50 Breaststroke	26	4	02:25 PM	_____
Finals	40 Boys 10 & Under 50 Breaststroke	23	3	02:30 PM	_____
	Break: 10 Minutes: Awards 39-40				
Finals	41 Girls 10 & Under 100 Freestyle	41	6	02:44 PM	_____
Finals	42 Boys 10 & Under 100 Freestyle	40	5	02:55 PM	_____
	Break: 10 Minutes: Awards 41-42				
Finals	43 Girls 10 & Under 200 Medley Relay	24	3	03:14 PM	_____
Finals	44 Boys 10 & Under 200 Medley Relay	26	4	03:25 PM	_____
	Break: 10 Minutes: Awards 43-44				
	Swimmers Counts for Warm-ups: 219	=====	=====		
	Entry / Heat Totals:	232	32		
	Finish Time			03:51 PM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 7 11 & Over Final Session Saturday

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	45 Girls 13-14 200 Freestyle Relay	8	1	05:00 PM	_____
Finals-1	46 Boys 13-14 200 Freestyle Relay	8	1	05:03 PM	_____
Finals	47 Girls 11-12 200 Freestyle	16	2 u	05:06 PM	_____
Finals	48 Boys 11-12 200 Freestyle	16	2 u	05:13 PM	_____
	Break: 8 Minutes: Awards 45-48				
Finals	49 Girls 13-14 50 Freestyle	16	2 u	05:28 PM	_____
Finals	50 Boys 13-14 50 Freestyle	16	2 u	05:31 PM	_____
Finals	51 Girls 11-12 100 Butterfly	16	2 u	05:34 PM	_____
Finals	52 Boys 11-12 100 Butterfly	16	2 u	05:38 PM	_____
Finals	53 Girls 13-14 200 Butterfly	16	2 u	05:43 PM	_____
Finals	54 Boys 13-14 200 Butterfly	16	2 u	05:50 PM	_____
	Break: 12 Minutes: Awards 49-54				
Finals	55 Girls 11-12 50 Backstroke	16	2 u	06:09 PM	_____
Finals	56 Boys 11-12 50 Backstroke	16	2 u	06:12 PM	_____
Finals	57 Girls 13-14 100 Backstroke	16	2 u	06:16 PM	_____
Finals	58 Boys 13-14 100 Backstroke	16	2 u	06:21 PM	_____
	Break: 8 Minutes: Awards 55-58				
Finals-1	59 Girls 11-12 200 Breaststroke	8	1	06:33 PM	_____
Finals-1	60 Boys 11-12 200 Breaststroke	8	1	06:36 PM	_____
Finals-1	61 Girls 13-14 400 Freestyle	8	1	06:38 PM	_____
Finals-1	62 Boys 13-14 400 Freestyle	8	1	06:44 PM	_____
	Break: 8 Minutes: Awards 59-62				
Finals-1	63 Girls 11-12 200 Medley Relay	8	1	06:58 PM	_____
Finals-1	64 Boys 11-12 200 Medley Relay	8	1	07:01 PM	_____
Finals-1	65 Girls 13-14 200 Medley Relay	8	1	07:05 PM	_____
Finals-1	66 Boys 13-14 200 Medley Relay	8	1	07:08 PM	_____
	Break: 16 Minutes: Awards 63-66				
	Swimmers Counts for Warm-ups: 218	=====	=====		
	Entry / Heat Totals:	272	34		
	Finish Time			07:28 PM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 8 11 & Over Prelim/Finals Session Sunday

Day of Meet: 4 Starts at 08:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	77 Girls 11-12 200 IM	27	4	08:00 AM	_____
Prelims	78 Boys 11-12 200 IM	25	4	08:14 AM	_____
Prelims	79 Girls 13-14 200 IM	48	6	08:26 AM	_____
Prelims	80 Boys 13-14 200 IM	47	6	08:44 AM	_____
Prelims	81 Girls 11-12 100 Backstroke	36	5	09:02 AM	_____
Prelims	82 Boys 11-12 100 Backstroke	34	5	09:12 AM	_____
Prelims	83 Girls 13-14 200 Backstroke	36	5	09:21 AM	_____
Prelims	84 Boys 13-14 200 Backstroke	31	4	09:38 AM	_____
Finals-S	85 Girls 11-12 200 Butterfly	6	1	09:50 AM	_____
Finals-S	86 Boys 11-12 200 Butterfly	6	1	09:54 AM	_____
Prelims	87 Girls 13-14 100 Freestyle	75	10	09:57 AM	_____
Prelims	88 Boys 13-14 100 Freestyle	51	7	10:11 AM	_____
Prelims	89 Girls 11-12 50 Freestyle	60	8	10:21 AM	_____
Prelims	90 Boys 11-12 50 Freestyle	55	7	10:28 AM	_____
Prelims	91 Girls 13-14 200 Breaststroke	24	3	10:34 AM	_____
Prelims	92 Boys 13-14 200 Breaststroke	41	6	10:44 AM	_____
Prelims	93 Girls 11-12 50 Breaststroke	39	5	11:03 AM	_____
Prelims	94 Boys 11-12 50 Breaststroke	38	5	11:08 AM	_____
Finals-S	95 Girls 13-14 400 Freestyle Relay	16	2	11:13 AM	_____
Finals-S	96 Boys 13-14 400 Freestyle Relay	22	3	11:23 AM	_____
Finals-S	97 Girls 11-12 200 Freestyle Relay	17	3	11:37 AM	_____
Finals-S	98 Boys 11-12 200 Freestyle Relay	19	3	11:45 AM	_____
Finals-S	75 Girls 13-14 800 Freestyle	13	2	11:53 AM	_____
Finals-S	76 Boys 13-14 800 Freestyle	4	1	12:14 PM	_____
Swimmers Counts for Warm-ups: 528		=====	=====		
Entry / Heat Totals:		770	106		
Finish Time				12:24 PM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 9 10 & Under Timed Finals Session Sunday

Day of Meet: 4 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Girls 10 & Under 200 IM	31	4	02:00 PM	_____
Finals	68 Boys 10 & Under 200 IM	35	5	02:16 PM	_____
	Break: 10 Minutes: Awards 67-68				
Finals	69 Girls 10 & Under 50 Freestyle	28	4	02:44 PM	_____
Finals	70 Boys 10 & Under 50 Freestyle	30	4	02:49 PM	_____
	Break: 10 Minutes: Awards 69-70				
Finals	71 Girls 10 & Under 100 Backstroke	29	4	03:03 PM	_____
Finals	72 Boys 10 & Under 100 Backstroke	42	6	03:12 PM	_____
	Break: 10 Minutes: Awards 71-72				
Finals	73 Girls 10 & Under 200 Freestyle Relay	23	3	03:36 PM	_____
Finals	74 Boys 10 & Under 200 Freestyle Relay	25	4	03:45 PM	_____
	Break: 10 Minutes: Awards 73-74				
	Swimmers Counts for Warm-ups: 197	=====	=====		
	Entry / Heat Totals:	243	34		
	Finish Time			04:08 PM	_____

ESTIMATED TIMELINE

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2025 ISI Age Group LC Championships - 7/24/2025 to 7/27/2025**2025 ISI Age Group LC Championships****Session Report**

Session: 10 11 & Over Finals Session Sunday

Day of Meet: 4 Starts at 05:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	75 Girls 13-14 800 Freestyle	8	1	05:00 PM	_____
Finals-1	76 Boys 13-14 800 Freestyle	8	1	05:11 PM	_____
Finals	77 Girls 11-12 200 IM	16	2 u	05:22 PM	_____
Finals	78 Boys 11-12 200 IM	16	2 u	05:30 PM	_____
Finals	79 Girls 13-14 200 IM	16	2 u	05:37 PM	_____
Finals	80 Boys 13-14 200 IM	16	2 u	05:44 PM	_____
Break: 12 Minutes: Awards 75-80					
Finals	81 Girls 11-12 100 Backstroke	16	2 u	06:03 PM	_____
Finals	82 Boys 11-12 100 Backstroke	16	2 u	06:08 PM	_____
Finals	83 Girls 13-14 200 Backstroke	16	2 u	06:13 PM	_____
Finals	84 Boys 13-14 200 Backstroke	16	2 u	06:20 PM	_____
Finals-1	85 Girls 11-12 200 Butterfly	8	1	06:28 PM	_____
Finals-1	86 Boys 11-12 200 Butterfly	8	1	06:30 PM	_____
Break: 12 Minutes: Awards 81-86					
Finals	87 Girls 13-14 100 Freestyle	16	2 u	06:44 PM	_____
Finals	88 Boys 13-14 100 Freestyle	16	2 u	06:48 PM	_____
Finals	89 Girls 11-12 50 Freestyle	16	2 u	06:52 PM	_____
Finals	90 Boys 11-12 50 Freestyle	16	2 u	06:55 PM	_____
Finals	91 Girls 13-14 200 Breaststroke	16	2 u	06:58 PM	_____
Finals	92 Boys 13-14 200 Breaststroke	16	2 u	07:06 PM	_____
Finals	93 Girls 11-12 50 Breaststroke	16	2 u	07:13 PM	_____
Finals	94 Boys 11-12 50 Breaststroke	16	2 u	07:17 PM	_____
Break: 16 Minutes: Awards 87-94					
Finals-1	95 Girls 13-14 400 Freestyle Relay	8	1	07:36 PM	_____
Finals-1	96 Boys 13-14 400 Freestyle Relay	8	1	07:41 PM	_____
Finals-1	97 Girls 11-12 200 Freestyle Relay	8	1	07:46 PM	_____
Finals-1	98 Boys 11-12 200 Freestyle Relay	8	1	07:50 PM	_____
Break: 16 Minutes: Awards 95-98					
Swimmers Counts for Warm-ups: 234		=====	=====		
Entry / Heat Totals:		320	40		
Finish Time				08:09 PM	_____

ESTIMATED TIMELINE

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