

2025 Last Chance Summer Luau

June 11 & 12, 2025 (2 days, 3 sessions)

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN25296

HOST: Goshen Swimming Inc, (GSI)

DATE: Friday & Saturday, July 11 & 12, 2025

LOCATION: Goshen Aquatic Center, Goshen Middle School (GMS), 1216 S. Indiana Ave, Goshen 46526

Club Director: Laura Rupp

Phone: 574-238-3406

E-mail: lrupp@staff.goshenschools.org

Meet Entry Chairs and Directors:

Amanda Wills, Phone: 407-620-0533 & Catherine Wohlford, Phone: 574-596-6871

E-mail: awills926@gmail.com

FACILITY:

Eight lane, 25 yard competition pool. Non-turbulent lane lines, Daktronics timing system. Bleacher seating for approx 400 persons is available. Effective May 1, 2010 USA Swimming requires that a Pool Certification statement be included in meet entry letters. The pool facility for this event has not been certified in accordance with 104.2.2C(4). Teams and coaches are asked to aid in keeping a clean team area, and keeping athletes out of unauthorized areas. Swimmers rest area will be located on deck.

Please reference USA Swimming rule 103.2 regarding Water Depth. The water depth at the starting block end of the GMS pool varies from a minimum of 6' to a maximum of 11'. The water depth at the turn end varies from 4' at 1 meter to 5' at 5 meters. The water depth at the start end of the pool for 25 meter events will allow for diving from the deck for those events.

ALL Goshen Schools are tobacco free campuses. NO food or coolers will be allowed in the pool.

ELIGIBILITY:

Swimmer(s) must be registered with USA Swimming to be accepted into this meet, and their registration numbers must accompany the entry to be accepted into this meet. Age as of July 11th, 2025 shall determine the swimmers age for the entire meet. Indiana Swimming does not process on site memberships.

ENTRY LIMITS:

The events for this meet are 10 & under and mixed ages. Swimmers may enter no more than four (4) individual events and one (1) relay event. This is a timed final meet. NT entries will be placed in the slowest heats. The host team reserves the right to limit entries into any and all events in order to maintain an acceptable time line. Deck entries will be accepted if the meet is not full.

ENTRY FEES:

\$5.00 per Individual Event. \$8.00 per Relay. \$15.00 Indiana Swimming Athlete surcharge per swimmer. Deck entries when accepted will be \$10.00 per event. Make checks payable to "Goshen Swimming Inc". Checks for entry fees may be mailed or given to the Meet Entry Chairperson prior to warm-ups on the day of the meet.

ENTRY DEADLINE:

Entries will be accepted starting: [June 20, 2025](#). Entry deadline will be [Monday, July 7 at 11:59pm](#). The deadline will be extended if the meet is not full. Seed time updates will be accepted until 3:00pm Tuesday, July 8. Email entries to Amanda Wills, awills926@gmail.com

REFUNDS:

In any meet sanctioned by Indiana Swimming, other than Championship Meets, the host team shall limit the number of swimmers in any one or more events to maintain a reasonable length of the meet. In the event that entries are limited, the host club must return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

MEET WORKERS:

Each team with 5 or more swimmers are required to supply at least 1 Official for each session. Timers may also be needed. Please email the names of your officials to the Meet Entry Chair or Meet Director or include with your team entry. There will be an officials meeting in the hospitality room approx. 30-45 min before the meet session starts. A timers' meeting will be held on the pool deck approx. 10 min before the meet session starts.

AWARDS: Prizes will be given to heat winners.

RESULTS:

A copy of the final results will be e-mailed to each participating team. Please make sure all appropriate email contacts are included with your entries.

RULES:

Current USA Swimming and Indiana Swimming rules will govern this meet. Coaches and Officials **MUST** constantly display their USA Swimming Coach/Official credentials to gain deck access. The meet referee and/or meet director reserves the right to ask for coach credentials or Deck Pass and /or deny deck access if a coach does not comply or card is no longer valid / current.

USA Swimming rules 202.5.3 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-ups, competition and warm-downs. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. The No-Recall procedure will be used.

Any swimmer entered in the meet must be certified by a USA Swimming-member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

SAFE SPORT RULES 360:

The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the

U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after June 11th, 2025 who has not completed Athlete Protection Training by the first day of competition will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after June 11th, 2025, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

SWIMSUITS:

THE USA SWIMMING SWIM SUIT RULE (102.8.1 A-E) IS IN EFFECT. In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. The referee shall have the authority to bar offenders from the competition until they comply with the rule.

TIME SCHEDULE:

All times are Eastern Daylight Savings Time.

Friday	Doors Open:	3:15 pm
Session:	Warm-ups:	3:30 pm
All ages	Meet Begins:	4:30 pm

Saturday AM	Doors Open:	7:45 am
Session:	Warm-Ups:	8:00 am
10 & Under	Meet Begins:	9:15 am

Saturday PM		
Session:	Warm-Ups not before:	11:45 pm
11 & Over	Meet Begins not before:	1:00 pm

Warm-ups:

A complete schedule of lane assignments for all teams including all warm-up procedures must be adhered to by all teams and participants. This will be given to all entered teams and will also be posted at the facility prior to and during the meet.

CHECK-IN:

There will be a positive check in. Sign In sheets will be posted in the GMS pool lobby near the concession / entry area. All swimmers must sign in (or highlight) their name if they wish to swim. Swimmers who do not sign in will be scratched. Positive check in sheets will be removed from the lobby no later than 8:30 am.

Clerk of Course:

There will be a clerk of course for 10 & under events on Saturday morning. All open session swimmers and coaches will be expected to read the posted heat sheets and have their swimmers report to the correct heat and lane when it is time for them to swim their event.

Admissions:

There will be no admission charge for this event.

Concessions:

Concessions will be available.

PARKING: Parking is available near the pool entrance which is on the North end of Goshen Middle School.
Events

Friday, July 11

Girls	Event	Boys
1	10 & U 200 IM	2
3	11+ 200 IM	4
5	10 & U 50 Back	6
7	11+ 50 Back	8
9	12 & U 500	10
11	13+ 500	12

Saturday AM July 12

All Events are 10 & Under

Girls	Event	Boys
13	10 & U 200 Free	14
15	10 & U 25 Free	16
17	10 & U 100 Back	18
19	10 & U 50 Fly	20
21	10 & U 100 Free	22
23	10 & U 50 Breast	24
25	10 & U 25 Back	26
27	10 & U 50 Free	28
29	10 & U 100 Fly	30
31	10 & U 100 Breast	32
33	10 & U 200 Free Relay	34

Saturday PM July 12**All Events are 11 and Over**

Girls	Event	Boys
35	11 & Over 200 Free	36
37	11 & Over 50 Breast	38
39	11 & Over 100 Back	40
41	11 & Over 200 Fly	42
43	11 & Over 50 Free	44
45	11 & Over 100 Breast	46
47	11 & Over 50 Fly	48
49	11 & Over 200 Back	50
51	11 & Over 100 Free	52
53	11 & Over 200 Breast	54
55	11 & Over 100 Fly	56
57	11 & Over 200 Free Relay	58

Summary of Entries

Please return this form and a check for entry fees to the Entry Chairperson no later than the start of the meet. **Make checks payable to Goshen Swimming, Inc.**

If mailing this form and your payment please send to:

Name of Club:

Club Code:

Total individual timed final entries X \$5.00 = \$ _____

Total Relay entries X \$8.00 = \$ _____

Total # swimmers entered _____ X \$15.00 swimmer surcharge = \$ _____ (IN Swimming surcharge & Meet fee)

Total enclosed (payable before the start of the meet) = \$ _____

Person filling out this entry:

Address:

City:

State:

Zip:

Phone:

email:

Head Coach:

Asst. Coach:

In consideration of your acceptance of this entry, I intend to be legally bound, for all financial responsibilities incurred and do hereby for myself, my heirs, executors, and administrators, waive and release any and all rights to claim against Warrior Swimming for damage for myself and all swimmers covered by this entry for any and all injuries at said meeting.

Signature of Club Official _____

Email address for meet results: _____

Please indicate the preferred manner of receiving final results: _____ Hard Copy

_____ Meet Manager Backup (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above to: _____