



2026 INDIANA SWIMMING AGE GROUP SHORT COURSE CHAMPIONSHIPS

Sponsored by SPEEDO

March 19-22, 2026

Sanctioned by USA Swimming and Indiana Swimming #IN26001



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DEADLINE CHECKLIST

DATE	TIME-DEADLINES (EST)	DESCRIPTION
Friday, March 13	11:59 pm	<u>Entry deadline</u> – all entries must be submitted through the online entry form.
Monday, March 16	10:00 am	<u>New qualifier entry deadline/entry modification deadline</u> – new teams/unattached swimmers qualifying for the first time between Friday, March 13 and Monday, March 16, and any changes to entries submitted before the entry deadline must submit entries through the online entry form.
Wednesday, March 18	7:30 pm	<u>Virtual coach’s meeting</u> – link will be sent out prior to meeting.
First session team/unattached swimmer competes	One hour prior to the start of the session	All fees, including any fines, due or the entire team will be scratched.
Thursday, March 19	1 hour prior to start of Timed Final session	Scratch deadline for all 13-14 Timed Final Events. Positive check-in and AM swim declaration deadline for 13-14 1650 Freestyle & 11-12 1000 Freestyle.
Friday, March 20	One hour prior to the start of the Preliminary session	Scratch deadline for all Friday preliminary events. AM swim declaration for 11-12 500 Freestyle & 13-14 400 IM.
	30 minutes after the start of the Finals session	Scratch deadline for all 11-12 and 13-14 Saturday events. AM swim declaration deadline for 13-14 500 Freestyle.
Saturday, March 21	One hour prior to the start of the 10 & Under session	Scratch deadline for all Saturday 10 & Under events.
	30 minutes after the start of the Finals session	Scratch deadline for all 11-12 and 13-14 Sunday events. Positive check-in and AM swim declaration deadline for 13-14 1000 Freestyle. AM swim declaration deadline for 13-14 400 IM. AM swim declaration deadline for 11-12 200 Freestyle Relay. AM swim declaration deadline for 13-14 400 Freestyle Relay.
Sunday, March 22	One hour prior to the start of the 10 & Under session	Scratch deadline for all Sunday 10 & Under events.
	End of meet	Pick up and individual and team awards before leaving.

GENERAL INFORMATION

HOST

Carmel Swim Club

<https://shorturl.at/LGdID>

<https://www.gomotionapp.com/team/incsc/page/events/team-hosted-meets>

TIME ZONE

All times are Eastern Time

MEET DIRECTORS

Andy Harrity

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Beth Russo

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Kelley Lefever

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ENTRY CHAIR

Yu Zhang & Jami DeBosch

entries@carmelswimclub.org

MEET REFEREE

Dan Brackney

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(317) 460-6897

ADMINISTRATIVE REFEREE

Troy Tricker

troy.tricker@exaltric.com

(317) 340-9995

OFFICIALS

Officials interested in officiating at these championships must complete the online Officials application on the Officials' page of the Indiana Swimming website.

All Officials will be selected by the Indiana Swimming Officials Committee.

This meet has been approved as a 'Qualifying Meet' for all N2 and N3 position evaluations. Please include your evaluation request on the Official's application

RULES

Current USA Swimming and Indiana Swimming rules will govern this meet, including MAAPP (Minor Athlete Abuse Prevention Policy).

Requirements and Conditions for Sanction: USA Swimming rules 202.4 and 202.5.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by

reason or injuries to anyone during the conduct of the event.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

As a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel or below the knees, and for women, shall not cover the neck, extend past the shoulder, not extend below the knee. Swimmers 12 & Under must wear a suit approved for use by 12 & Unders by USA Swimming per rule 102.8.1F.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker-rooms) any time athletes, coaches, officials, and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, rest rooms or locker rooms.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

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USA Swimming, Inc. cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Indiana Swimming, the meet host and each of their officers, directors, agents, employees or other representatives from any liability or claims including for person injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.

SafeSport 360: The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet per USA Swimming Rule 202.4.11M.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

INDIANA SWIMMING BROADCAST POLICY & IMAGE AUTHORIZATION

Broadcast Statement

Any photographs, video or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator’s personal, non-commercial use, and may not be broadcast, published, disseminated, or used for any commercial purposes without the prior written consent of Indiana Swimming.

Image Authorization

All participants agree to video and photography by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana Swimming and USA Swimming and allow event organizers the right to use the names, pictures, likenesses and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competition.

On Deck Image Recording

Video and photography on deck during this event is only allowed by approved USA Swimming member-coaches, media, webcasting staff and host photographer in their professional capacities or volunteers assigned by the meet host if so designated. No video or photographic images shall be recorded from behind the starting block or in any area where athletes are in a vulnerable position.

FACILITY INFORMATION

FACILITY

Carmel High School Natatorium: Door 22 on the North Side of the High School 520 East Main Street Carmel, IN 46032

POOL CERTIFICATION

The competition course has not been certified in accordance with 104.2.2C(4). The Meet host will ensure required course dimensions.

Competition pools: two 10-lane, 25-yard pools with 8ft continuous depth, competitor non-turbulent lane markers, Colorado Timing Systems electronic timing equipment, and custom designed starting blocks. Continuous warm-up/warm-down is available in the South Pool (25y).

PARKING

Free parking is available on the east or west side of the football stadium on Smokey Row Road. Please park only in **LINED** spots. CHS has notified us that cars parked in unmarked spots **WILL BE TOWED**.

FACILITY ENTRANCE

The **ONLY** way to access the Natatorium on Thursday & Friday is from Smokey Row Road. You will be able to drive south to the circle at Door 21/22 or access the paid parking lot. **There is NO access or parking around either the east or west sides of the school on Thursday & Friday.** All weekend entrances will be through Door 22, while handicapped accessible entry will be through Door 21A.

SPECTATOR SEATING

Spectator seating is on the west side of the competition pool. There are marked handicapped accessible areas. South Pool balcony will be available for overflow seating on Saturday and Sunday only.

RESULTS

Unofficial results will be available via Meet Mobile.

CONCESSIONS

Concessions are **ONLY** available on Saturday & Sunday & are **CREDIT CARD ONLY**.

LOST AND FOUND

The host team is not responsible for items left at the facility.

FACILITY NOTES

All swimmers, coaches, officials, and spectators are asked to treat the facility like it was their own. Anyone caught abusing the building/facility will be asked to leave the meet immediately.

- No posting/hanging signage or banners on any painted surface or railing of any sort.
- This is a smoke, tobacco, and vaping free facility.
- Carmel High School is a smoke free campus.
- Keep all trash picked up.
- Spectators, coaches, and athletes are to remain out of any unauthorized areas.
- No radios, bells, balls, or any other device that will be an inconvenience will be allowed.
- Vandalism will not be tolerated. Any individual caught vandalizing will be asked to leave for the remainder of the meet and no refunds will be issued.

CHARGES

Psych Sheets and Heat Sheets

Available electronically for free on the event website and Meet Mobile.

Admissions

- All Session Pass- \$38
- Friday, Saturday, or Sunday All Day Pass- \$17
- Thursday, Friday, Saturday, or Sunday Single Session Pass- \$15
- Saturday and Sunday Finals- Free
- Ages 12 & Under- Free
- Coaches and Officials who are not working as coaches or officials must pay admission for access to seating area.

COACH & ATHLETE DECK ACCESS

Athlete Entrance and Exit

Credentialed Coaches, Officials, and Athlete participants will enter the facility from any concourse door. Coach and Official Check-in will be located at the South entrance of the competition pool (in the lobby between both pools). Team Registration location is TBA.

Deck Seating Capacity

There is ample seating for all teams and athletes on the pool deck. Athlete seating is also available in south / warm-up pool. **NO ATHLETE** seating is permitted in competition pool stands.

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CREDENTIALS/DECK ACCESS**

Only swimmers, coaches, officials, and meet volunteers will be allowed on the pool deck. There are no exceptions.

Coaches, officials, and volunteers will be required to show a valid government-issued ID to attain access to the deck level at this event. To receive meet packets and gain deck access, all coaches will be required to show proof of current membership in good standing with USA Swimming via their membership card.

Officials will be required to show proof of current membership in good standing with USA Swimming via their membership card as well as their USA Swimming certification cards. The meet referee and/or meet directors reserve the right to deny access to anyone not in compliance.

Sanction #IN26001

ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors. The online USA Swimming Report of Occurrence form must also be submitted.

Medical personnel, lifeguards, and AED devices will be available to athletes participating in the meet.

ENTERING THE MEET**QUALIFYING PERIOD**

Times must be achieved from January 1, 2025, through the modification deadline of March 16, 2026.

ELIGIBILITY

All swimmers, coaches and officials must have an ID number registered with Indiana Swimming, USA Swimming rule 202.5.

ISI will not process any on-deck registrations at this meet.

This meet is limited to swimmers aged 14 and under. All swimmers must compete in their own age group. Age as of the first day of the meet will determine age for the entire meet, USA Swimming rule 205.2.

Swimmers with a disability wishing to compete in these championships must submit the Inclusion of Swimmers with Disabilities form before the deadlines listed in the document.

ISI will reimburse entry fees to clubs for swimmers registered with an Outreach membership after the event.

ENTRY LIMITS

Swimmers may enter an unlimited number of events but 10 & Unders may swim no more than 6 individual events and 11-12 and 13-14 year olds may swim no more than 7 individual events for the meet, with no more than 3 individual events per day. Relay swims do not count toward the daily or meet totals.

ENTRY FEES

- \$22.00 athlete surcharge (includes all relay only swimmers and alternates, \$16 to meet host/\$5.00 to Indiana Swimming/\$1.00 to Ancillary Fund)
- \$9.00 per individual event entry
- \$13.00 per relay entry

The total amount of all fees due, including any fines incurred due to late entry, shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing or the entire team will be scratched from the meet. The Summary of Entries form (page 13) can either be emailed or included with payment.

No Refunds shall be issued for events scratched after the entry modification deadline.

ENTRY DEADLINE/ASSOCIATED DATES

It is the responsibility of the entering team/unattached swimmer to heed deadlines and be responsible for the accuracy of team entries. Times must be submitted in the

course in which they were swum and may not be converted.

All entries must be submitted through the online entry form located on the Spring Championships page at www.inswimming.org. Teams must submit their entry file along with an entry report with each entry submission. Names of all athletes, including relay only swimmers, must appear in the entry and on the entry report.

- **Friday, March 13 by 11:59 pm (Eastern Time)**

All entries due via the online entry form. All teams/unattached swimmers with qualifying times prior to this deadline must submit an entry by this deadline. Entries after this date will be considered late and subject to the late entry fees. The only exception is a team/unattached swimmer who achieves their first qualifying time between the Friday entry deadline and the Monday modification deadline.

- **Saturday, March 14 by 11:59 pm (Eastern Time)**

Host will send a final entry report and exception report (if any) back to entering team/unattached swimmer via email.

- **Monday, March 16 by 10:00 am (Eastern Time)**

Entering teams must address their exceptions and submit final entries, including any modifications. Any modifications can be made to the initial entry, including event changes, addition/removal of swimmers, and relay additions/removal/changes.

LATE ENTRIES

Teams/unattached swimmers, including relay only swimmers, who neglect to enter an event by the Friday, March 13, 11:59 pm entry deadline can enter up to one hour before the start of the first sessions of the meet. Late entries will be subject to the one-time \$100 late entry fee plus entry fees of \$18 per individual event and \$26 per relay. A team/unattached swimmer entered late may not make a change after entry.

Teams/unattached swimmers, including relay only swimmers, who's initial entry was submitted by the entry deadline but wish to make changes after the Monday, March 16, 10:00 am modification deadline may make changes, but will be assessed the one-time \$100 late entry fee and the modified events will be charged the late entry fees of \$18 per individual event and \$26 per relay.

VERIFICATION/PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS after the entry deadline. Any entry times that cannot be proven in the qualifying period through SWIMS will require submission of proof through the online proof submission form by Thursday, March 19 at 12:00 pm Eastern Time or to the Meet Referee at the meet before the applicable scratch deadline. Any unproven times will result in the swimmer being scratched from the event.

Swimmers' names must be circled/highlighted on results.

Acceptable verifications are official results in pdf form from:

- USA Swimming sanctioned or approved meets.
- College, high school, junior high, YWCA or YMCA meets sanctioned by their respective governing organizations.
- Websites (provided host address is printed on the copy)
- Meet Mobile or Live Results with visible meet and date headers.
- Verification slips, timecards, timing system tapes or photocopies of such which are signed and dated by the referee.
- Official results from USA Swimming meets must be printed with either host team's name or the facility's name on each page.

Relays cannot be pre-proven. Any relay time entered slower than the qualifying standard after the modification deadline will be seeded at the qualifying standard. Any team's relay that fails to meet the qualifying standard or is disqualified in the competition will have to provide proof of time for all relays in that event. Proof requests will be sent to teams after the meet and any unproved relays will be assessed a \$100 non-refundable fee due to Indiana Swimming. A swimmer's name and time may only be used once per event to prove a relay time.

TIME STANDARDS

GIRLS				BOYS		
LCM	SCM	SCY	9 & Under	SCY	SCM	LCM
36.99	35.99	32.69	50 Freestyle	32.19	35.39	36.89
1:23.79	1:20.89	1:13.59	100 Freestyle	1:12.69	1:19.99	1:23.09
3:03.89	2:59.19	2:42.89	200 Freestyle	2:35.69	2:51.29	2:56.89
44.89	42.19	38.39	50 Backstroke	38.69	42.59	44.99
1:37.09	1:31.39	1:23.09	100 Backstroke	1:22.39	1:30.59	1:34.89
49.69	47.89	43.59	50 Breaststroke	42.89	47.19	49.99
1:49.89	1:44.79	1:35.29	100 Breaststroke	1:35.59	1:45.09	1:48.89
42.89	41.79	37.99	50 Butterfly	37.09	40.79	42.19
1:41.09	1:37.89	1:28.99	100 Butterfly	1:27.39	1:36.09	1:41.19
3:25.79	3:17.99	2:59.99	200 IM	2:58.39	3:16.19	3:20.99
LCM	SCM	SCY	10	SCY	SCM	LCM
35.59	34.49	31.39	50 Freestyle	31.19	34.29	35.69
1:20.19	1:17.49	1:10.49	100 Freestyle	1:09.69	1:16.69	1:20.29
2:55.59	2:51.19	2:35.59	200 Freestyle	2:32.09	2:47.29	2:52.79
42.89	40.39	36.69	50 Backstroke	36.99	40.69	42.49
1:32.69	1:27.19	1:19.29	100 Backstroke	1:19.89	1:27.89	1:33.29
48.19	45.89	41.69	50 Breaststroke	42.39	46.59	49.99
1:44.99	1:41.09	1:31.89	100 Breaststroke	1:33.09	1:42.39	1:48.89
40.79	39.79	36.19	50 Butterfly	35.89	39.49	41.59
1:37.79	1:32.49	1:24.09	100 Butterfly	1:24.19	1:32.59	1:41.19
3:17.09	3:09.59	2:52.39	200 IM	2:51.99	3:09.19	3:20.99
LCM	SCM	SCY	11	SCY	SCM	LCM
32.79	31.79	28.89	50 Freestyle	28.59	31.39	32.79
1:11.59	1:08.99	1:02.69	100 Freestyle	1:02.49	1:08.69	1:11.49
2:36.29	2:29.79	2:16.19	200 Freestyle	2:15.49	2:28.99	2:34.99
5:28.79	5:22.09	6:08.09	400M / 500Y Freestyle	5:59.09	5:17.49	5:26.19
<i>400M/500Y Freestyle Qualifying Times</i>			800M/1000Y Freestyle**	<i>400M/500Y Freestyle Qualifying Times</i>		
37.79	35.79	32.59	50 Backstroke	33.09	36.39	38.19
1:23.09	1:17.59	1:10.59	100 Backstroke	1:10.79	1:17.89	1:22.89
42.19	40.59	36.89	50 Breaststroke	37.09	40.79	42.59
1:33.29	1:28.29	1:20.29	100 Breaststroke	1:19.79	1:27.79	1:33.29
35.39	34.39	31.29	50 Butterfly	31.79	34.99	35.79
1:20.89	1:18.09	1:10.99	100 Butterfly	1:10.89	1:17.99	1:20.99
2:56.59	2:48.59	2:33.29	200 IM	2:33.79	2:49.19	2:57.29
LCM	SCM	SCY	12	SCY	SCM	LCM
31.69	30.59	27.79	50 Freestyle	27.39	30.09	31.99
1:09.09	1:06.49	1:00.49	100 Freestyle	59.79	1:05.79	1:09.69
2:29.99	2:24.99	2:11.79	200 Freestyle	2:10.99	2:24.09	2:32.19
5:17.09	5:07.59	5:51.39	400M / 500Y Freestyle	5:47.79	4:59.99	5:21.89
<i>400M/500Y Freestyle Qualifying Times</i>			800M/1000Y Freestyle**	<i>400M/500Y Freestyle Qualifying Times</i>		
36.79	34.49	31.39	50 Backstroke	31.89	35.09	36.99
1:19.79	1:14.89	1:08.09	100 Backstroke	1:08.79	1:15.69	1:20.99
41.19	39.39	35.79	50 Breaststroke	36.09	39.69	42.09
1:30.49	1:25.59	1:17.79	100 Breaststroke	1:17.49	1:25.19	1:33.29
33.89	32.99	29.99	50 Butterfly	29.69	32.69	35.19
1:17.79	1:14.49	1:07.69	100 Butterfly	1:09.29	1:17.99	1:20.59
2:49.89	2:42.89	2:28.09	200 IM	2:28.29	2:49.19	2:53.19

GIRLS				BOYS		
LCM	SCM	SCY	13	SCY	SCM	LCM
31.09	28.79	26.19	50 Freestyle	24.59	26.99	29.39
1:07.49	1:02.39	56.69	100 Freestyle	53.49	58.79	1:04.09
2:26.09	2:15.09	2:02.79	200 Freestyle	1:56.29	2:07.89	2:19.99
5:07.39	5:00.39	5:26.59	400M / 500Y Freestyle	5:13.09	4:46.49	4:56.39
10:34.59	10:19.29	11:47.59	800M / 1000Y Freestyle	11:19.79	9:54.89	10:17.19
20:20.49	19:38.49	19:45.39	1500M / 1650Y Freestyle	18:57.49	18:50.79	19:38.99
<i>100 Back Qualifying Times</i>			50 Backstroke*	<i>100 Back Qualifying Times</i>		
1:16.19	1:11.49	1:04.99	100 Backstroke	1:01.59	1:07.69	1:11.89
2:43.59	2:35.29	2:21.19	200 Backstroke	2:14.09	2:27.49	2:35.89
<i>100 Breast Qualifying Times</i>			50 Breaststroke*	<i>100 Breast Qualifying Times</i>		
1:25.69	1:22.49	1:14.99	100 Breaststroke	1:09.29	1:16.19	1:20.59
3:04.89	2:56.09	2:40.09	200 Breaststroke	2:36.69	2:52.39	2:57.19
<i>100 Fly Qualifying Times</i>			50 Butterfly*	<i>100 Fly Qualifying Times</i>		
1:13.29	1:10.59	1:04.19	100 Butterfly	1:00.69	1:06.79	1:09.19
2:44.69	2:36.99	2:22.69	200 Butterfly	2:21.29	2:35.39	2:41.39
2:44.99	2:38.29	2:23.89	200 IM	2:16.49	2:30.09	2:36.39
5:50.79	5:36.29	5:05.69	400 IM	4:50.59	5:19.59	5:35.59
LCM	SCM	SCY	14	SCY	SCM	LCM
30.59	28.39	25.79	50 Freestyle	24.09	26.49	28.39
1:06.29	1:01.39	55.79	100 Freestyle	52.89	58.19	1:01.99
2:23.39	2:13.39	2:01.29	200 Freestyle	1:56.09	2:07.69	2:15.09
5:02.19	4:54.49	5:22.69	400M / 500Y Freestyle	5:09.49	4:37.39	4:46.39
10:22.19	10:10.19	11:29.69	800M / 1000Y Freestyle	11:05.99	9:35.59	9:59.79
19:48.09	19:07.89	19:12.89	1500M / 1650Y Freestyle	18:31.19	18:14.49	19:38.99
<i>100 Back Qualifying Times</i>			50 Backstroke*	<i>100 Back Qualifying Times</i>		
1:14.09	1:08.99	1:02.69	100 Backstroke	1:00.49	1:06.49	1:11.59
2:38.99	2:29.09	2:15.59	200 Backstroke	2:11.09	2:24.19	2:33.69
<i>100 Breast Qualifying Times</i>			50 Breaststroke*	<i>100 Breast Qualifying Times</i>		
1:24.09	1:18.99	1:11.79	100 Breaststroke	1:08.39	1:15.29	1:20.59
3:01.89	2:53.29	2:37.59	200 Breaststroke	2:31.69	2:46.89	2:57.19
<i>100 Fly Qualifying Times</i>			50 Butterfly*	<i>100 Fly Qualifying Times</i>		
1:11.69	1:08.79	1:02.59	100 Butterfly	59.19	1:05.09	1:08.39
2:44.69	2:36.79	2:22.59	200 Butterfly	2:16.69	2:30.39	2:41.39
2:40.89	2:32.59	2:18.69	200 IM	2:12.09	2:25.29	2:33.19
5:43.29	5:21.99	4:52.69	400 IM	4:43.39	5:11.69	5:30.79
GIRLS			RELAYS	BOYS		
LCM	SCM	SCY	10 & Under	SCY	SCM	LCM
2:36.29	2:27.99	2:15.19	200 Freestyle Relay	2:20.29	2:33.69	2:46.59
3:02.39	2:48.29	2:33.69	200 Medley Relay	2:43.39	2:58.59	3:16.29
LCM	SCM	SCY	11-12	SCY	SCM	LCM
2:10.09	2:04.49	1:53.09	200 Freestyle Relay	1:56.89	2:07.99	2:15.69
2:26.89	2:19.19	2:07.09	200 Medley Relay	2:10.29	2:22.59	2:34.89
LCM	SCM	SCY	13-14	SCY	SCM	LCM
2:01.09	1:55.79	1:45.39	200 Freestyle Relay	1:41.39	1:52.29	1:58.79
4:28.09	4:14.99	3:52.19	400 Freestyle Relay	3:43.29	4:07.19	4:22.69
2:20.19	2:10.29	1:58.09	200 Medley Relay	1:54.79	2:05.69	2:17.19
5:08.19	4:42.59	4:16.19	400 Medley Relay	4:11.89	4:35.89	5:00.29

**13-14 Year Olds are eligible to swim the 50 of stroke by qualifying in the 100 of that same stroke.
Seeding will be with the 100 times of that stroke*

***11-12 Year Olds are Eligible to swim the 1000 Freestyle by qualifying in the 500 Freestyle
Seeding will be with the 500 Freestyle time*

2026 AGE GROUP SHORT COURSE CHAMPIONSHIPS ORDER OF EVENTS

11-14 Timed Final Session				
Preliminaries		THURSDAY	Finals	
Girls	Boys	EVENT ORDER	Girls	Boys
XX	XX	13-14 1650 Freestyle [#]	1	2
XX	XX	11-12 1000 Freestyle [#]	3	4
11 & Over Prelim/Final Sessions				
Preliminaries		FRIDAY	Finals	
Girls	Boys	EVENT ORDER	Girls	Boys
5	6	13-14 50 Backstroke	5	6
7	8	11-12 100 Freestyle	7	8
9	10	13-14 200 Freestyle	9	10
11	12	11-12 100 Breaststroke	11	12
13	14	13-14 100 Breaststroke	13	14
15	16	11-12 50 Butterfly	14	16
17	18	13-14 100 Butterfly	17	18
19	20	11-12 500 Free [*]	19	20
21	22	13-14 400 IM [*]	21	22
23	24	13-14 400 Medley Relay ^{**}	XX	XX
Preliminaries		SATURDAY	Finals	
Girls	Boys	EVENT ORDER	Girls	Boys
37	38	13-14 50 Breaststroke	37	38
39	40	11-12 200 Freestyle	39	40
41	42	13-14 50 Freestyle	41	42
43	44	11-12 100 Butterfly	43	44
45	46	13-14 200 Butterfly	45	46
47	48	11-12 50 Backstroke	47	48
49	50	13-14 100 Backstroke	49	50
XX	XX	13-14 500 Freestyle [*]	51	52
53	54	11-12 200 Medley Relay [*]	53	54
55	56	13-14 200 Freestyle Relay ^{**}	XX	XX
XX	XX	13-14 200 Medley Relay ^{**}	57	58
51	52	13-14 500 Freestyle ^{##}	XX	XX
Preliminaries		SUNDAY	Finals	
Girls	Boys	EVENT ORDER	Girls	Boys
XX	XX	13-14 1000 Freestyle [*]	71	72
73	74	13-14 50 Butterfly	73	74
75	76	11-12 200 IM	75	76
77	78	13-14 200 IM	77	78
79	80	11-12 100 Backstroke	79	80
81	82	13-14 200 Backstroke	81	82
83	84	11-12 50 Freestyle	83	84
85	86	13-14 100 Freestyle	85	86
87	88	11-12 50 Breaststroke	87	88
89	90	13-14 200 Breaststroke	89	90
91	92	11-12 200 Freestyle Relay [*]	91	92
93	94	13-14 400 Freestyle Relay [*]	93	94
71	72	13-14 1000 Freestyle ^{##}	XX	XX

10 & Under Timed Final Sessions		
SATURDAY		
Girls	EVENT ORDER	Boys
25	200 IM	26
27	100 Freestyle	28
29	50 Backstroke	30
31	100 Butterfly	32
33	50 Breaststroke	34
35	200 Medley Relay	36
SUNDAY		
Girls	EVENT ORDER	Boys
59	200 Freestyle	60
61	50 Butterfly	62
63	100 Backstroke	64
65	100 Breaststroke	66
67	50 Freestyle	68
69	200 Freestyle Relay	70

[#]The 13-14 1650 Freestyle and 11-12 1000 Freestyle will be swum as a timed final event, fast to slow.

^{*} Timed Final with the top 8 submitted entry times not indicating a preliminary swim swimming in the evening finals session.

^{**}All heats of the 13-14 400 Medley Relay and the 13-14 200 Freestyle Relay will be timed final, swum fast to slow in Prelims.

^{**}All heats of the 13-14 200 Medley Relay will be timed final, swum slow to fast in Finals.

^{##}The 13-14 500 Freestyle and 1000 Freestyle will be timed final with the top 8 seeded swimmers not declaring a preliminary swim competing in the Finals session. The remaining heats will be swum fast to slow at the end of the preliminary session.

MEET SCHEDULE

		PRELIMINARIES			FINALS		
		FACILITY OPENS	WARM-UP	SESSION START	FACILITY OPENS	WARM-UP NOT BEFORE	SESSION START NOT BEFORE
11-12, 13-14 Sessions	Thursday				4:45 pm	Not Before 5:15 pm	6:30 pm
	Friday	10:30 am	Not Before 11:00 am	12:30 pm	4:45 pm	Not Before 5:15 pm	6:15 pm
	Saturday	6:45 am	7:30-8:50 am	9:00 am		4:00 pm	5:00 pm
	Sunday	6:45 am	7:30-8:50 am	9:00 am		3:30 pm	4:30 pm
10 & Under Sessions	Saturday					12:00 pm	1:00 pm
	Sunday					12:00 pm	1:00 pm

***THERE IS NO ACCESS TO THE SCHOOL BETWEEN 3:30-4:45 PM ON TH & FRI.**

MEET CONDUCT

FORMAT

This meet will be run in Modified Championship Meet Format with Preliminaries, Consolation Finals, and Finals for the 11-12 and 13-14 age groups in individual events 200 yards or shorter.

All 10 & Under events, relays, and individual events 400 yards and longer will be contested as timed final.

The 11-12 and 13-14 individual and relay events contested as timed final with competition split between preliminaries and finals will have the top 8 seeded entrants competing in the finals session and the remaining entrants competing in the preliminary session. Any swimmer or relay team seeded in the top 8 who wishes to swim in the preliminary session can declare for a preliminary swim at the Clerk of Course by the applicable scratch deadline.

In the Thursday distance session and all 11& Over preliminary sessions, 10 lanes will be used for competition. The 10 & Under sessions and 11 & Over finals sessions will be conducted in 8 lanes.

Fly-over starts will be used in the preliminary sessions.

Backstroke ledges will not be available for this competition.

Distance event swimmers must provide their own lap counter. Lap counters that do not have deck access credentials for the meet must show photo ID and check-in and check-out with the volunteer coordinator to receive a temporary deck credential. Check-in is available 15 minutes prior to the scheduled start of the heat in which the swimmer will compete. These counters must sign in and sign out at the deck entrance security table.

A 12-15-minute courtesy rest between an athlete's heats (not events) shall be given for swimmers in consecutive events. Requests for the courtesy rest must be made by the coach or swimmer to the meet referee prior to the swimmer's first of the consecutive events.

RULES

The meet will be conducted in accordance with USA Swimming and Indiana Swimming rules and regulations.

PRE-SCRATCH PSYCH SHEETS AND TIMELINES

Pre-scratch psych sheets and timelines for preliminary sessions will be posted on the Spring Championships page at www.inswimming.org on Wednesday, March 18. The posted documents are for general planning purposes only. Seeding and actual meet session timelines may vary from what is posted due to scratches and late entries. Athlete and coaches are responsible for adhering to all meet deadlines and competition/event starting times.

WARM-UP PROCEDURES

The warm-up in the competition pool for the preliminary sessions will be split into two 30-minute sessions separated by age group. Swimmers in the 13-14 age group will have the first warm-up and swimmers in the 11-12 age group will have the second warm up. Following the split warm-up period, there will be a 20-minute open session for all swimmers where lanes 4, 5 and 6 in each competition pool will be open for general warm-up, lanes 1 and 10 in each competition pool will be reserved for pace, and lanes, 2, 3, 7, 8 and 9 in each competition pool will be reserved for one-way sprints. The south pool will be open warm up for any age during the entire warm up period.

DAY	13-14	11-12	OPEN SESSION
Thursday	5:15-6:15 PM		
Friday	11:00-11:30 AM	11:30-12:00 PM	12:00-12:20 PM
Saturday	7:30-8:00 AM	8:00-8:30 AM	8:30-8:50 AM
Sunday	7:30-8:00 AM	8:00-8:30 AM	8:30-8:50 AM

A 10 & Under warm-up schedule will be posted at the meet.

Marshals will be monitoring and enforcing warm-up procedures.

SEEDING

All events, including distance, will be seeded yards times first, followed by long course meters and then short course meters (Y-L-S). Times must be submitted in the course in which they were swum and may not be converted.

In individual events other than the 1000 and 1650 Freestyles, the swimmer is assumed to be swimming unless he/she has been scratched by the applicable scratch deadline.

Swimmers entered in the 1000 and 1650 Freestyles must positively check in with the Clerk of Course before the applicable scratch deadline to be seeded into the event. At check-in, swimmers may declare their preference to swim in the preliminary heats. Individuals failing to check-in may present themselves to the Meet Referee or his/her designee requesting to swim and may be placed only as there are existing open lanes in the slowest heat per gender. Heats in the preliminary sessions will be seeded fastest to slowest at the end of the session.

Preliminary heats for individual events in which prelims and finals will be contested will be swum slowest to fastest with the last 3 heats circle seeded.

Relay events in the preliminary sessions will be seeded slowest to fastest.

After the psych sheet is published to the ISI website on Wednesday, March 18, any swimmer, or relay team entering a timed final event as a late entry shall not be seeded into the top 8 of the events. The swimmer/team will be seeded by their entry time, but no higher than 9th place.

SCRATCH PROCEDURES

National scratch procedures, USA Swimming rule 207.11.6, will be observed. Additions and modifications are noted below.

Scratching from Preliminary Heats

All scratches for individual events, regardless of reason, must be made at the scratch table by the applicable deadlines.

- Friday Preliminary events – one hour prior to the start of the Friday Preliminary session.
- Friday 10 & Under events – one hour prior to the start of the Friday Finals session.
- Saturday Preliminary events – 30 minutes after the start of the Friday Finals session.
- Saturday 10 & Under events – one hour prior to the start of the Saturday 10 & Under session.
- Sunday Preliminary events – 30 minutes after the start of the Saturday finals session.
- Sunday 10 & Under events – one hour prior to the start of the Sunday 10 & Under session.

In all individual preliminary heats and timed final events, after the heats have been seeded, any swimmer who fails to

compete in an event in which they are seeded will serve one of two penalties:

1. The swimmer will be barred from all further individual events that day. This does not bar an individual who has qualified earlier in the session for a Consolation or Championship Final from competing in that Final. The application of this penalty shall pertain to the order in which the event/heats are contested, not the numerical order of the events.
2. The swimmer will pay a fine of \$100 to the meet host for reinstatement into that session.

In either case, the swimmer will be required to declare their intent to compete on subsequent days with the Administrative Referee before the close of the scratch box for that day's events to be seeded.

There is no penalty for a missed swim in the 10 & Under age group.

Over Entries

Failure to scratch by appropriate deadlines will result in the swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events.

Scratching from Finals

Swimmers qualifying for and not intending to compete in a Consolation or Championship Final have 30 minutes from the reading of the preliminary results to scratch or declare their intention to scratch with the Administrative Referee. A swimmer declaring an intention to scratch must report their final intentions within 30 minutes following their last individual preliminary event.

Any swimmer qualifying for the original Consolation or Championship Final in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in Exceptions below. A declared false start under 101.1.3E or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as failure to compete.

In the event of a withdrawal or barring of a swimmer from competition in the consolation final, the Meet Referee shall fill the empty lane(s), when possible, with the next qualified swimmer(s). Alternates must report to the deck referee prior to the start of the event to be placed into an open lane.

Where consolation finals have not yet been contested and there is a known withdrawal or barring in the Championship Final, the Referee shall move the fastest qualifying swimmer in the Consolation Final to the championship final and fill the hole in the Consolation Final with the next qualified swimmer, if possible. If the Consolation Final has already been contested, the Championship Final will be swum without filling the empty lane. Alternates will not be placed into the Championship Final.

SUNDAY ONLY: Swimmers qualifying in the top 16 places of the preliminary results who do not scratch by the appropriate deadline and fail to compete in the Consolation or Championship Final will be assessed a \$50 fine, unless one of the Exceptions for failure to compete are met. The fine is per swimmer, regardless of the number of events missed that finals session. Violations will be forwarded by the host team to the ISI office, who will then notify violators and collect fines. Half of each fine will be paid to the host club and the other half retained by ISI.

Exceptions for Failure to Compete

No penalty shall apply for failure to withdraw or compete in an individual event if:

- the Meet Referee is notified of an illness or injury and accepts the proof thereof.
- it is determined by the Meet Referee that failure to compete is caused by circumstances beyond the control of the swimmer.
- the \$100 reinstatement fee is paid for a missed preliminary swim.
- a first or second alternate does not report.
- a swimmer originally finishes outside of the top 16 places in the preliminary results and is scratched into the finals heats.

RELAYS

Relay only swimmers and alternates not competing in individual events must appear on the team entry report. No swimmer will be allowed to swim unless his/her name is on the entry report.

Proof of relay times shall be the aggregate of any four individual swimmers eligible to compete for your team or an actual attained time by a relay team from your team designated "A," "B," "C," etc.

Relay cards will be due to the Administrative Referee one hour prior to the scheduled start of the relay event.

There will be no positive check-in for relays. All relays will be assumed to be swimming unless scratched by the applicable scratch deadline.

Teams entered in the 11-12 200 Freestyle Relay, 11-12 200 Medley Relay, and the 13-14 400 Freestyle Relay may declare to swim in the preliminary session with the Clerk of Course by the applicable scratch deadline. The top 8 seeded relays, not declaring a preliminary swim in these relays will swim in the evening finals session.

SCORING

Individual events are scored to 16 places as follows:

20-17-16-15-14-13-12-11
9-7-6-5-4-3-2-1

Relay events are scored to 16 places with point totals double the individual event places.

AWARDS

Medals will be awarded for 1st-8th place and ribbons for 9th-16th place in all individual events. Medals will be awarded for 1st-8th place in all relay events.

Individual high point awards will be presented for the top scoring girl and boy in the 10 & Under, 11-12, and 13-14 age groups.

Team awards will be presented to the highest scoring team in each age group and gender; as well as for 1st-10th place in combined team scoring.

In the evening sessions, award ceremonies shall be conducted in a manner that does not excessively delay the meet. An awards schedule will be printed in the finals heat sheet.

In the 10 & Under sessions, awards will be presented following each boy's event for the preceding boys' and girls' events. An awards schedule will be printed in the 10 & Under heat sheets.

Any unclaimed awards at the end of the meet will be sent to the IN Swimming office. Teams will have to make arrangements for shipping or pick-up with the office.

TIME TRIALS

Time trials will not be offered.

SUMMARY OF ENTRIES

THIS FORM IS REQUIRED WITH PAYMENT

The total amount of all fees due, including any fines incurred due to late entry for all swimmers and events entered, shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing. (If utilizing Fed Ex/Overnight mail you must check the waive signature box.)

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash.

Make checks payable to: Carmel Swim Club
515 East Main Street Suite 100
Carmel, IN 46032

NAME OF TEAM _____ CODE _____

Number of athletes entered _____ x \$22.00 = _____

Number of individual entries _____ x \$9.00 = _____

Number of relay entries _____ x \$13.00 = _____

Total _____

Team Official Entering Entry:

Contact Information for Coaches Attending Meet

Name: _____

Name: _____ Cell: _____

Cell Phone: _____

Name: _____ Cell: _____

Email: _____

Name: _____ Cell: _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host team Carmel Swim Club, Indiana Swimming and its Board of Directors, USA Swimming, Carmel High School, Carmel Clay Schools and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host team Carmel Swim Club, Indiana Swimming, USA Swimming, Carmel High School, Carmel Clay Schools and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Team Official/Coach _____ **Date** _____

*Person who signs above is responsible for any fines imposed on the team for each missed cut not proven.

*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____