

WARM-UP SCHEDULE (COMPETITION POOLS)						
	General Warm-up NO DIVING ALL LANES	Sprint Racing starts from starting end only. Swim one way. Walk back. Lanes 2,3,7,8,9	Pace Lanes 1, 10	General Warm-up NO DIVING Lanes 4-6	Close Pool	Meet Starts Not before
PRELIMS						
Fri -Sun	7:30 – 8:30 am	8:30 – 8:45 am**			8:45 am	9:00 am
FINALS						
Th	*3:15 - 4:00pm*	4:00-4:20pm**			4:20pm	4:30pm
Fri & Sat	*3:30 – 4:30 pm	4:30 – 4:45pm**			4:45 pm	5:00 pm
Sun	*2:45 – 3:30 pm	3:30 – 3:45pm**			3:45 pm	4:00 pm
<p>*Warm-ups will start not earlier than.</p> <p>** Additional Sprint Lanes May be Opened Upon Request and Approval of Meet Officials.</p> <p>NOTE: South Pool will be open for continuous warm-up during finals sessions.</p>						