

# 2025 Indiana Swimming SE Divisional Championships

## Warm-up Schedule

### Friday Evening Timed Finals

3:30-4:45p General Warm-up - ASSIGNED LANES

4:45p Competition Pools Close

5:00p Meet Starts

Warm-up Assignments for Friday Times Finals Session		
Lane	RED	WHITE
1	CGAC	FA
2	CGAC	FA
3	CGAC	H2O/JCSC
4	CGAC/MA	GRE/SDS
5	WSC	DON
6	SEY	ARCH/ECST
7	SEY/DCS	ICSC
8	FRST	GCAT/CAST
9	FRST	MVP/NPAC
10	FRST	COST

Coaches will have control of their lanes to do starts. If you are sharing a lane, please work with the other coaches to schedule starts.

### Saturday and Sunday Preliminary Sessions

SAT 6:45-7:45a / SUN 7:15-8:15a General Warm-up - ASSIGNED LANES

SAT 7:45a / SUN 8:15a Competition Pools Close

SAT 8:00a / SUN 8:30a Meet Starts

Warm-up Assignments for Saturday and Sunday Preliminary Sessions		
Lane	RED	WHITE
1	CGAC + 2 mid-pool	FA
2	CGAC	FA
3	WSC	H2O/CAST
4	GRE	DON
5	GCAT/ARCH	DON/NPAC
6	GCAT	ECST/SDS
7	SEY/ICSC	MA/JCSC
8	SEY	SCAC/DCS
9	FRST	MVP
10	FRST	COST

Coaches will have control of their lanes to do starts.

If you are sharing a lane, please work with the other coaches to schedule starts.

### Saturday and Sunday 10&U Timed Finals (No Assigned Lanes)

11:15-11:50a General Warm-up WHITE POOL

11:15-11:40a General Warm-up RED POOL

11:40a ALL LANES IN RED POOL OPEN FOR SPRINT LANES

11:50a Competition Pool (RED POOL) Closes

12:00p Meet Starts

### Saturday and Sunday Finals (No Assigned Lanes)

2:15-3:00p General Warm-up WHITE POOL

2:15-2:50p General Warm-up RED POOL

2:50p ALL LANES IN RED POOL OPEN FOR SPRINT LANES

3:00p Competition Pool (RED) Closes

3:15p Meet Starts