

**CENTRAL ZONE CHAMPIONSHIPS**  
**Pool – Friday-Sunday, August 7-9, 2009 / Open Water – Thursday, August 6, 2009**  
**Noblesville IN**

**CONGRATULATIONS ON YOUR SWIMMER MAKING A ZONE CUT (AAA)!!!**

Your swimmer can be a part of Team IN and compete in the Central Zone Championships. This is different from the Mid-States Quad meet in January annually as we are limited on number of entries, therefore, there is a selection process from the AA applications received. There is no selection process for Zones! Just have the cuts (page 4) and enter via below instructions and your swimmer can swim!! We'll try to cover everything you need to know to make the whole process as detailed and smooth as possible.

Here's the steps to take:

1. You MUST submit an **online entry application** to let us know what event(s) to enter for your swimmer – Visit [www.inswimming.org](http://www.inswimming.org) and click on the ONLINE ENTRY PROCESS for the Team IN Mega Zone. The online system will remain up until Tuesday, July 28 – 5pm. New Senior level swimmers can enter at SR State.
  - We will pull your swimmer's best time from our databases, so it's not required that you include entry times. However, it's helpful to include NON-CONFORMING times (SCY) as well as the date and location of the meet.
  - Preference is that a parent enter so that we can get a family email address for any reminders or additional announcements. If a club coach submits the entry, it will be accepted. We hope that the coach either forwards all information to the swimmer household OR submits swimmer household email upon entry.
  - Please note page 3 of this information document for the ORDER of EVENTS and be aware of the maximum entries allowed as we do NOT over-enter and scratch down once the final entry has been made. You can over-enter online, but must finalize the events by Sunday of Age Group State.
  - Of course, if a swimmer makes their first AAA (ZONE) cut at the Age Group State meet, we will accept entries at the Age Group State meet! HOWEVER, if your swimmer has a AAA cut(s), and your swimmer will be attending the Zone meet, please be sure to enter ONLINE early so we can plan accordingly!
  - **UPDATES** – If your swimmer makes new events/cuts at Age Group State, simply visit the Zone Table at the Age Group State meet (Saturday & Sunday only), to complete the Add/Delete form. If your swimmer improves his/her time, we'll get that new time.
  - **RELAYS** –Relays are determined by SWIMS/IN database reports. Some relays are subject to Zone performances and are at the discretion of the Team IN coaching staff.
  - **Indiana Swimming pays for all entry fees.**
  - 12 & U swimmers have Timed Finals ONLY in the afternoons (Central Zone rule)
  - **NO-SHOWS:** If you miss your event or do not show, the swimmer is OUT of the rest of that day's events (including relays) and has to DECLARE THEIR INTENTION TO SWIM in the rest of their events with the Administrative Judge.
    - Day one Head Coach must know of your intention to not show up THE DAY BEFORE the first day of swimming, by 5pm.
    - Day Two, the Head Coach must know by 5pm the day before the swim if the swimmer will not be swimming the event, same procedure applies.
    - Day Three, again the Head Coach must know by 5pm the day before the swim if the swimmer will not be swimming the event. The swimmer is out the rest of the meet including relays.
    - Penalty for "no show" at FINALS - OUT THE REST OF THE MEET, NO RELAYS
    - INDIANA SWIMMING PENALTIES TO BE APPLIED: A "NO SHOW" swim for Team Indiana will be assessed a \$5 charge for each swim missed as we paid your entry fee of \$5 for that event to the host!

Complete and submit the **CODE OF CONDUCT/MEDICAL RELEASE FORM** AND the **\$10 Team IN Zone fee** by Sunday of Age Group State or Senior State! Make check payable to Indiana Swimming.

2. Order your **Team IN outfitting** as soon as your swimmer has at least one qualifying event cut and you know you are attending. The outfitting information can be found [www.inswimming.org/09zones.html](http://www.inswimming.org/09zones.html) Basic package is minimum for each Team IN participant. Order deadline is Tuesday, July 28 – 5pm to ensure event delivery. You will be ordering from Kast-A-Way: 1-800-345-5682

3. <b>Hotels</b> –	Best Western	17650 US 31 North	Westfield	317-867-5678
	Comfort Suites	15131 Thatcher Ln.	Carmel	317-575-0000
	Quality Inn	16025 Properity Dr.	Noblesville	317-770-6772
	Residence Inn	9765 Crosspoint Blvd	Indianapolis	317-842-1111
	Staybridge Suites	9780 Crosspoint Blvd	Indianapolis	317-712-5103
	Cambria Suite	13500 Tegler Dr.	Noblesville	317-773-4970

**CENTRAL ZONE CHAMPIONSHIPS**  
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**Noblesville IN**

**TEAM INDIANA STAFF**

Team Manager: Emily Kowalski  
[usaswimski@aol.com](mailto:usaswimski@aol.com)

Jeff	Thompson	Head Coach	THT	<a href="mailto:jat@vigoschools.org">jat@vigoschools.org</a>
Keith	Gast	15-18 Boys	PACE	<a href="mailto:coachkgast@att.net">coachkgast@att.net</a>
Lindsey	Lawson	15-18 Girls	PA	<a href="mailto:lindsey@powerteamwear.com">lindsey@powerteamwear.com</a>
Rhonda	Thomas	13-14 Boys	NASA	<a href="mailto:icoachswm@yahoo.com">icoachswm@yahoo.com</a>
Bill	Spilman	13-14 Girls	NASA	<a href="mailto:bmspilman@yahoo.com">bmspilman@yahoo.com</a>
Nathan	Piwowar	11-12 Boys	KSC	<a href="mailto:Nathan.piwowar@ourclub.com">Nathan.piwowar@ourclub.com</a>
Melanie	Pulley	11-12 Girls	GCAT	<a href="mailto:coachmelgcat@yahoo.com">coachmelgcat@yahoo.com</a>
Kyle	Smith	10 & U Boys	PPSC	<a href="mailto:Coachkyle33@hotmail.com">Coachkyle33@hotmail.com</a>
Terry	Specyal	10 & U Girls	MSC	<a href="mailto:tspecial@sbcglobal.net">tspecial@sbcglobal.net</a>
Kim	Holmes	Local Asst	NOB	<a href="mailto:kymmme@aol.com">kymmme@aol.com</a>

Any questions can be emailed to Team Manager Emily Kowalski [usaswimski@aol.com](mailto:usaswimski@aol.com)

**TEAM IN REGISTRATION / TEAM INDIANA PICTURE / TEAM INDIANA PRACTICE**

**Thursday, August 6<sup>th</sup> – Shelter 5 in Forest Park**

Thursday activities are all **OPTIONAL**. However, if are unable to attend Thursday activities, please send an email to [usaswimski@aol.com](mailto:usaswimski@aol.com) with your availability for relays and for instructions on where to show up on your first day to receive your credential and outfitting if not previously picked up.

**These below times for Thursday activites was changed 7/23/09**

**Team Indiana registration / outfitting distribution** 3:30 – 4:30 pm  
**Team Indiana photo** 4:45 pm *(see page 6 for Team Photo size & pricing info)*  
**Team Indiana practice** 5:30 – 6:30 pm

**Pool Events (Friday – Sunday)**

Forest Park Pool  
 1077 Cicero Rd.  
 Noblesville IN

**Open Water (Thursday)**

Morse Reservoir  
 1156 S Harbour Dr.  
 Noblesville IN

**OFFICIALS**

National certification for officials will be available for this Meet. An officials' meeting will convene one hour prior to the start of each session. If you are interested in being in an "assigned" position, please complete the Zone officials application on the Central Zones website – [www.centralzones.org](http://www.centralzones.org)

**SPIRIT DAYS**

Host, Noblesville Swim Club is asking teams to participate in their daily themes!

Thursday, Open Water – 1970's attire – DISCO is in!

Friday – 1970's attire – Keep the Disco rocking!

Saturday – 1980's attire – Dress in layers with lots of color

Sunday – 1990's attire – Grunge is in – flannels and other outdoor clothing

***Team Indiana participants are encouraged to participate in the Spirit Day Themes.***

# CENTRAL ZONE ORDER OF EVENTS

## Event Limits:

- **12 & U – 6** (no more than 5 per day)
  - **13 & O – 5** (no more than 3 per day)
- Open Water does not count towards this limit.*

## OPEN WATER THURSDAY, AUGUST 6

### OPEN WATER PLAN: (EDT)

- 7:00 am Registration/Check-in  
 7:45-8:15 am Pre-swim meeting for ALL Participants  
 8:15-9:00 am Warm-up  
 9:150 am Competition starts age groups will be staggered.

## POOL EVENTS

FRIDAY, SATURDAY, & SUNDAY

	<u>Warm-Up</u>	<u>Meet Start</u>
AM SESSION	7:00 am	8:40 am
AFTERNOON SESSION	approx. 11:30 am	12:30 pm
FINALS	4:00 pm	5:00 pm

## FRIDAY, AUGUST 7

<u>GIRLS</u>	<u>EVENTS</u> (AM PRELIMS)	<u>BOYS</u>
31	15-18 400 IM	32
33	13-14 400 IM	34
19	15-18 100 Breast	20
21	13-14 100 Breast	22
23	15-18 200 Free	24
25	13-14 200 Free	26
27	15-18 100 Fly	28
29	13-14 100 Fly	30
17	combined 13-18 800 Free, timed finals	18
	13-14 800 Free	
	15-18 800 Free	
	(AFTERNOON TIMED FINALS)	
1	11-12 50 Breast	2
3	10 & U 50 Breast	4
5	11-12 100 Free	6
7	10 & U 100 Free	8
9	11-12 50 Fly	10
11	10 & U 50 Fly	12
13	11-12 400 Free	14
15	11-12 400 Medley Relay	16
	(CONSOLATION FINALS & FINALS)	
17	fastest heat, combined 13-18 800 free	18
19	15-18 100 Breast	20
21	13-14 100 Breast	22
23	15-18 200 Free	24
25	13-14 200 Free	26
27	15-18 100 Fly	28
29	13-14 100 Fly	30
31	15-18 400 IM	32
33	13-14 400 IM	34
35	15-18 400 Free Relay	36
37	13-14 400 Free Relay	38

## SATURDAY, AUGUST 8

<u>GIRLS</u>	<u>EVENTS</u> (AM PRELIMS)	<u>BOYS</u>
59	13-14 200 IM	60
61	15-18 200 IM	62
63	13-14 50 Free	64
65	15-18 50 Free	66
67	13-14 200 Breast	68
69	15-18 200 Breast	70
71	13-14 100 Back	72
73	15-18 100 Back	74
75	13-14 400 Free	76
77	15-18 400 Free	78
	(AFTERNOON TIMED FINALS)	
39	11-12 200 IM	40
41	10 & U 200 IM	42
43	11-12 100 Back	44
45	10 & U 100 Back	46
47	11-12 50 Free	48
49	10 & U 50 Free	50
51	11-12 100 Breast	52
53	10 & U 100 Breast	54
55	11-12 200 Free Relay	56
57	10 & U 200 Free Relay	58
	(CONSOLATION FINALS & FINALS)	
59	13-14 200 IM	60
61	15-18 200 IM	62
63	13-14 50 Free	64
65	15-18 50 Free	66
67	13-14 200 Breast	68
69	15-18 200 Breast	70
71	13-14 100 Back	72
73	15-18 100 Back	74
75	13-14 400 Free	76
77	15-18 400 Free	78
79	13-14 400 Medley Relay	80
81	15-18 400 Medley Relay	82

## SUNDAY, AUGUST 9

<u>GIRLS</u>	<u>EVENTS</u> (AM PRELIMS)	<u>BOYS</u>
83	13-14 200 Medley Relay	84
85	15-18 200 Medley Relay	86
111	13-14 200 Back	112
113	15-18 200 Back	114
115	13-14 100 Free	116
117	15-18 100 Free	118
119	13-14 200 Fly	120
121	15-18 200 Fly	122
87	13-14 200 Free Relay	88
89	15-18 200 Free Relay	90
109	combined 13-18 1500 Free, timed finals	110
	13-14 1500 Free	
	15-18 1500 Free	
	(AFTERNOON TIMED FINALS)	
91	11-12 200 Medley Relay	92
93	10 & U 200 Medley Relay	94
95	11-12 200 Free	96
97	10 & U 200 Free	98
99	11-12 50 Back	100
101	10 & U 50 Back	102
103	11-12 100 Fly	104
105	10 & U 100 Fly	106
107	11-12 400 Free Relay	108
	(CONSOLATION FINALS & FINALS)	
109	fastest heat, combined 13-18 1500 Free	110
111	13-14 200 Back	112
113	15-18 200 Back	114
115	13-14 100 Free	116
117	15-18 100 Free	118
119	13-14 200 Fly	120
121	15-18 200 Fly	122

# 2009 ZONE CUTS

## POOL EVENTS - AAA

### OPEN WATER - A in longest zone age group offered freestyle event

Qualifying Period: August 6, 2008 – Entry Deadline for applicable meet

GIRLS				EVENTS	BOYS			
15-18	13-14	11-12	10 & U	LCM	10 & U	11-12	13-14	15-18
29.19	29.79	30.99	33.49	50 FR	33.29	29.79	27.79	26.39
1:02.89	1:04.49	1:07.39	1:14.49	100 FR	1:13.69	1:05.49	1:00.49	57.89
2:14.99	2:19.09	2:24.49	2:41.89	200 FR	2:38.09	2:21.99	2:11.29	2:05.79
4:43.59	4:50.29	5:04.69	Not offered	400 FR	Not offered	4:59.89	4:37.59	4:26.09
9:44.09	9:53.99	Not offered	Not offered	800 FR	Not offered	Not offered	9:36.89	9:11.79
18:45.99	18:56.49	Not offered	Not offered	1500 FR	Not offered	Not offered	18:16.09	17:37.29
Not offered	Not offered	35.79	39.59	50 BK	39.69	35.19	Not offered	Not offered
1:10.39	1:11.39	1:15.49	1:26.19	100 BK	1:25.09	1:15.69	1:08.19	1:04.79
2:30.79	2:33.49	Not offered	Not offered	200 BK	Not offered	Not offered	2:27.29	2:18.69
Not offered	Not offered	38.59	43.89	50 BR	44.09	38.99	Not offered	Not offered
1:19.49	1:21.59	1:25.59	1:36.79	100 BR	1:36.79	1:24.19	1:14.59	1:13.09
2:50.19	2:55.99	Not offered	Not offered	200 BR	Not offered	Not offered	2:46.89	2:39.69
Not offered	Not offered	33.29	37.69	50 FLY	36.99	32.69	Not offered	Not offered
1:08.09	1:10.09	1:14.99	1:26.29	100 FLY	1:25.29	1:13.49	1:05.09	1:02.09
2:29.09	2:34.19	Not offered	Not offered	200 FLY	Not offered	Not offered	2:25.49	2:18.09
2:33.39	2:37.19	2:44.79	3:02.19	200 IM	3:01.69	2:42.39	2:28.89	2:22.89
5:22.69	5:30.99	Not offered	Not offered	400 IM	Not offered	Not offered	5:15.79	4:59.89
20:28.39	20:39.79	5:32.39	2:58.49	Open Water	2:52.39	5:27.09	19:55.69	19:13.39
15-18	13-14	11-12	10 & U	SCY	10 & U	11-12	13-14	15-18
25.69	26.29	27.09	29.59	50 FR	29.19	26.19	24.09	23.19
55.69	56.99	57.79	1:05.39	100 FR	1:04.59	57.39	52.69	50.59
1:59.49	2:02.69	2:08.19	2:21.79	200 FR	2:19.29	2:04.89	1:54.79	1:50.09
5:18.49	5:23.49	5:38.49	Not offered	500 FR	Not offered	5:34.29	5:07.29	4:57.29
10:56.19	11:06.99	Not offered	Not offered	1000 FR	Not offered	Not offered	10:38.39	10:16.19
18:18.99	18:31.19	Not offered	Not offered	16500 FR	Not offered	Not offered	17:39.39	17:13.99
Not offered	Not offered	31.09	34.59	50 BK	34.59	30.49	Not offered	Not offered
1:00.99	1:02.79	1:07.29	1:14.39	100 BK	1:14.09	1:05.59	58.89	55.99
2:11.89	2:14.99	Not offered	Not offered	200 BK	Not offered	Not offered	2:06.69	2:01.29
Not offered	Not offered	34.59	38.19	50 BR	38.39	33.79	Not offered	Not offered
1:09.39	1:11.19	1:15.09	1:24.49	100 BR	1:23.79	1:13.29	1:06.09	1:03.19
2:29.29	2:32.89	Not offered	Not offered	200 BR	Not offered	Not offered	2:23.29	2:17.59
Not offered	Not offered	29.69	33.39	50 FLY	33.09	29.09	Not offered	Not offered
1:00.79	1:02.19	1:06.29	1:16.49	100 FLY	1:15.69	1:04.59	57.59	55.09
2:12.39	2:16.29	Not offered	Not offered	200 FLY	Not offered	Not offered	2:08.59	2:02.29
2:14.79	2:17.89	2:24.39	2:40.39	200 IM	2:40.09	2:21.79	2:08.59	2:03.89
4:44.09	4:51.29	Not offered	Not offered	400 IM	Not offered	Not offered	4:35.49	4:23.89
19:58.89	20:12.19	6:09.29	2:36.39	Open Water	2:31.89	6:04.69	19:15.69	18:47.99
15-18	13-14	11-12	10 & U	SCM	10 & U	11-12	13-14	15-18
28.39	28.99	29.99	32.69	50 FR	32.29	28.99	26.69	25.69
1:01.49	1:02.99	1:03.89	1:12.29	100 FR	1:11.39	1:03.49	58.19	55.99
2:11.99	2:15.49	2:21.69	2:36.59	200 FR	2:33.89	2:17.99	2:06.89	2:01.59
4:38.69	4:43.19	4:56.29	Not offered	400 FR	Not offered	4:52.59	4:28.99	4:20.19
9:34.29	9:43.69	Not offered	Not offered	800 FR	Not offered	Not offered	9:18.69	8:59.19
18:12.59	18:24.69	Not offered	Not offered	1500 FR	Not offered	Not offered	17:33.29	17:07.89
Not offered	Not offered	34.39	38.19	50 BK	38.29	33.69	Not offered	Not offered
1:07.39	1:09.39	1:14.29	1:22.19	100 BK	1:21.89	1:12.39	1:04.99	1:01.89
2:25.69	2:29.19	Not offered	Not offered	200 BK	Not offered	Not offered	2:19.99	2:14.09
Not offered	Not offered	38.29	42.19	50 BR	42.49	37.39	Not offered	Not offered
1:16.69	1:18.59	1:22.89	1:33.39	100 BR	1:32.59	1:20.99	1:12.99	1:09.79
2:44.89	2:48.89	Not offered	Not offered	200 BR	Not offered	Not offered	2:38.39	2:32.09
Not offered	Not offered	32.79	36.89	50 FLY	36.59	32.09	Not offered	Not offered
1:07.19	1:08.69	1:13.19	1:24.49	100 FLY	1:23.69	1:11.39	1:03.69	1:00.89
2:26.29	2:30.59	Not offered	Not offered	200 FLY	Not offered	Not offered	2:22.09	2:15.09
2:28.89	2:32.39	2:39.59	2:57.29	200 IM	2:56.89	2:36.69	2:22.09	2:16.89
5:13.89	5:21.89	Not offered	Not offered	400 IM	Not offered	Not offered	5:04.39	4:51.59
19:51.99	20:05.09	5:23.19	2:52.79	Open Water	2:47.89	5:19.19	19:08.99	18:41.39

# CENTRAL ZONE CHAMPIONSHIPS – AUGUST 6-9, 2009

## Noblesville IN

### CODE OF CONDUCT

As an Indiana Swimming team athlete, I recognize and agree to conform to this Code of Conduct at all times while representing Indiana Swimming and:

#### PART I - CODE OF CONDUCT

- \*To conduct myself so as to be a worthy team athlete and/or staff member.
- \*To follow the Indiana Swimming and the USA Swimming Rules.
- \* To conduct myself in a manner so as to earn the respect and confidence of others.
- \* To act/conduct myself with dignity & with respect for others and the property of others.
- \* To dress in a manner suitable to my position as a representative of Indiana Swimming.
- \* To be a responsible goodwill ambassador between the sport of swimming and the public.
- \* To promote positive high team spirit and morale.
- \* To strive to do my best, and encourage all team members to do the same.
- \* To deal justly, kindly, impartially, and intelligently with all my fellow team members.
- \* To do my very best to bring the highest possible credit and regard to myself, my team, Indiana Swimming and to the sport of swimming.
- \* The use of any of the below is strictly FORBIDDEN:
  - alcoholic beverages,                      - tobacco products, and
  - fireworks                                      - drugs (other than those prescribed by my physician)
- \* Indiscreet or destructive behavior will not be tolerated. Every effort should be made to avoid guilt by association with such activities.
- \* My membership on Team Indiana is a privilege and I personally acknowledge those responsibilities associated with it.

- **Swimmer is responsible for retrieval of any awards earned.**
- **Swimmer becomes responsible for event entry fees by failing to swim event.**
- **Swimmers are expected to wear Team IN gear on awards podiums.**
- **Swimmers are expected to stay for the entire session they are swimming. This includes any finals made or relays named.**

#### PART II - VIOLATION OF THE CODE

The Team Indiana coaches and managers have the power to impose penalties for violation of the Code. The penalties include, but are not limited to, the following:

1. The swimmer will be scratched from the meet.
2. The swimmers will be sent home immediately at his own expense.
3. The swimmer will forfeit his privilege of being a member of Team Indiana.

*I hereby agree to abide by the rules of conduct set forth above and acknowledge that, should I violate any provision on the Code, I will be subject to disciplinary actions as set forth in Part II, including suspension.*

ATHLETE NAME (PRINT) \_\_\_\_\_ ATHLETE SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

I understand there will be at least four (4) coaches in charge and that the coaches and Indiana Swimming will be held harmless of any incidents connected with said activity.

I have read the Indiana Code of Conduct above and understand that my child will be sent home, at my expense, if code is violated.

PARENT NAME (PRINT) \_\_\_\_\_ PARENT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

### PERMISSION & RELEASE

I hereby give my permission for \_\_\_\_\_ Age \_\_\_\_\_

to participate/accompany Team Indiana to the Central Zone Championships:  
Noblesville IN on August 6-9, 2009

I further waive all claims for injury, accident, or liability of any kind for the above-mentioned swimmer, and in case of an accident or injury in any way resulting, directly or indirectly from participation in such program, hold harmless from any liability therefore the home LSC, USA Swimming, Indiana Swimming, the meet hosts and facilities, its officers, coaches, chaperons, managers, or any other person(s) in any way connected or associated with the program.

#### MEDICAL AUTHORIZATION FORM

Furthermore, in case of emergency medical attention which may be required, I authorized the Team Indiana coaches/managers/chaperones to act for me according to their best judgement and ability.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_

#### MEDICAL INFORMATION

List any medication and dosage the swimmer is now taking: \_\_\_\_\_

\_\_\_\_\_

Pre-existing conditions (asthma, epilepsy, etc): \_\_\_\_\_

\_\_\_\_\_

Allergies (including medicines): \_\_\_\_\_

\_\_\_\_\_

Other pertinent information the coach should know about the swimmer \_\_\_\_\_

\_\_\_\_\_

Home Physician's: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

In the event of an emergency, I may be contacted at the telephone numbers and addresses listed below:

\_\_\_\_\_  
PARENT/GUARDIAN CELL PHONE

\_\_\_\_\_  
PARENT/GUARDIAN CELL PHONE

**FAMILY EMAIL:** \_\_\_\_\_  
*Please be sure this is LEGIBLE!*

***SUBMIT THIS NEATLY PRINTED, COMPLETED FORM and \$10 TO TEAM IN MGR PRIOR TO THE Meet - in person at SR or AG State or mail to: Emily Kowalski – 7001 S Cowan Rd. – Muncie IN 47302***

**CENTRAL ZONE CHAMPIONSHIPS – AUGUST 6-9, 2009  
Noblesville IN**



**Official Photographers of the Central Zone Championships**  
**317.823.2437**  
**www.vsnindy.com**

Visual Sports has been given the honor of photographing the 2009 Central Zone Championships. We have served the sports photography needs of Indiana since 1980. We are the official photographers of our state's high school governing body- the Indiana High School Athletic Association, IHSAA. We are also in our 21<sup>st</sup> year as the official team photographers of the Indianapolis Colts and more than 40 College, High School and Middle School athletic departments. We will have several products available for purchase at this year's swim meet. These products include, Team Photos, Award Stand Photos, Portraits and Action Photos.

**TEAM PHOTOS:** We ask that each team order their photos as a group. If possible, each team should collect the team photo orders and payments at team registration at the meet (or sooner) and present to our VSN vendor booth. These photos will be ready for pick up by your swimmers' or their families at the VSN vendor booth Saturday late afternoon or on Sunday. The prices for the team photos are \$20 (8x10); \$25 (11 x 14) and \$30 (16 x 20). You will still be able to order your team photo on site, but we would appreciate ordering at your team area . On site, we will accept checks, credit cards and cash.

**AWARD STAND PHOTOS:** Each award stand presentation will be photographed and can be ordered by event number. You may purchase your award stand photo at any time during the meet. The award stand photos will be sized at an 8 x 10 and are custom captioned with the meet colors and logo. The price is \$15 for each 8x 10. Larger sizes are available upon request. These photos will be mailed to your homes after the swim meet.

**INDIVIDUAL PORTRAITS:** We have a great location for individual portraits; We can photograph your swimmer or swimmers with the beautiful natatorium in the background. You may schedule a sitting at no cost at anytime during the meet at our booth. You order your prints at our booth- these prints- based on what you order- will be mailed to your home after the meet.

**ACTION PHOTOS:** If you would like action photos taken of your swimmer, the process could not be easier. Before each swim session we will have the heat sheets at our table. All you have to do is find your swimmer and highlight your swimmers name under their event, heat and lane. The cost to have your swimmer photographed is \$10 per event. We will take photos of the swimmers that are highlighted; we will take approximately 5-7 photos of each swimmer. These photos will be printed on site in 4x6 prints and you will be able to pick them up by the end of that day. The \$10 will buy you a 4 x 6 print of each image that we take. If you like one of the photos, you may then decide on a variety of photo products that we will offer, such as large captioned poster prints, pennants, statuettes and other products. Any enlargement products will be mailed to your home after they are processed at our lab.

We are honored to have the opportunity to photograph your swimmer. We look forward to helping create memories of your swimmers accomplishments.

For any questions please contact: [vsnindy@aol.com](mailto:vsnindy@aol.com) or call Lupe Roach 317.823.2437.