



2016 INDIANA SWIMMING SENIOR SHORT COURSE CHAMPIONSHIPS

Coaches' Packet

On behalf of Zionsville Swim Club and Pike Township Swim Club we welcome you to experience The New Pike High School Aquatics Center. We are excited to have you join us very soon for the 2016 Indiana Swimming Senior Short Course Championships!

Coaches, please take a few minutes to familiarize yourself with the format of this meet.

- **Prelims in short course yards.**
- **Finals in long course meters.**
- **Olympic distance events, W800, M1500 distance session Sunday, w/top ten submitted times swimming in finals.**
- **All relays will be swam in morning prelims session**
- **40 athletes will be brought back for finals.**

Our goal with this packet is to give you some basic information about the pool and surrounding area. If after reading this you have questions, please feel free to contact Don Cozad –Meet director @(don@zionsvilleswimclub.org) or Thomas Moore- Aquatics Director @ (tpmoore@pike.k12.in.us) for updates.

Indiana Swimming website will also have information on the Championships tab @ www.lnswimming.org.

We look forward to having a great Meet!



2016 Indiana Swimming Senior Spring Championships March 11-13, 2016

Quick Facts about the 2016 Indiana Swimming Spring Championships

PURPOSE: To create increased long course opportunities to qualify for Olympic Trials, US Open, Summer JNATS, Futures, Sectionals and NCSA Meets during the Olympic Year. This long course finals format also gives athletes increased opportunities to qualify for National Teams, as well as LSC & National Select Camps. The NEW Pike High School Natatorium offers an opportunity for our athletes to compete in an environment to not only showcase non-traditional high school events in SCY but to swim a tapered long course meet with the benefits of a full season of fall & winter training.

FORMAT

- Run two pools concurrently during Prelims in SCY, Including distance & relays
- All non Olympic Distance events & relays will be run at the end of the preliminary sessions.
- Alternate distances for events (M&W) for Friday & Sunday.
- Only Olympic Distance events swum in LCM and seeded top 10 at night on Sunday.

SCORING

- Top 25 (Individual Events & Relays)

FACILITY

- 10 lane pool-two scoreboards
- 6 lanes for warm-up 4 in instructional pool and 2 between bulkheads
- Timelines leave the flexibility to have more than 1 hour to change over pool to LCM

AWARDS

- Awards will be presented for 1st-10th place
- Award all relays and SCY NON Olympic distance events in AM. **See attachment**

TIMELINES

- Timelines leave the flexibility for breaks for w.u. & cool down if needed
- Summary below: **based on 10 lanes and 2 pools with 9:30 am start time and NO AWARDS factored in:**

Based on 2015 entries	Warm-ups	Prelims		Warm-ups	Finals	
	Start	Start	Finish	Start	Start	Finish
W Fri	8:00 AM	9:30 AM	12:51 PM			
M Fri	8:00 AM	9:30 AM	11:28 AM			
Finals				3:30 PM	5:00 PM	7:06 PM
W Sat	8:00 AM	9:30 AM	12:30 PM			
M Sat	8:00 AM	9:30 AM	11:39 AM			
Finals				3:30 PM	5:00 PM	7:46 PM
W Sun	8:00 AM	9:30 AM	11:19 AM			
M Sun	8:00 AM	9:30 AM	11:10 AM			
Distance	12:00 PM	1:00 PM	3:04 PM			
Finals				3:00 PM	4:30 PM	6:31 PM

Directions

Meet location: Pike High School
5401 W. 71st Street
Indianapolis, IN 46268

NOTE: You must use the NORTH entrance off 71st Street on Friday morning. Do not use the west entrances off Zionsville Rd. See directions below.

Directions to Pike High School: Pike HS is located on the northwest side of Indianapolis, near I-465. Follow I-465 to the west side of Indianapolis. Take exit 21 for 71st St. Turn east on 71st St., and turn right at the 3rd stoplight (Red Devil Drive). Follow Red Devil Drive to the indicated parking lots on the maps.

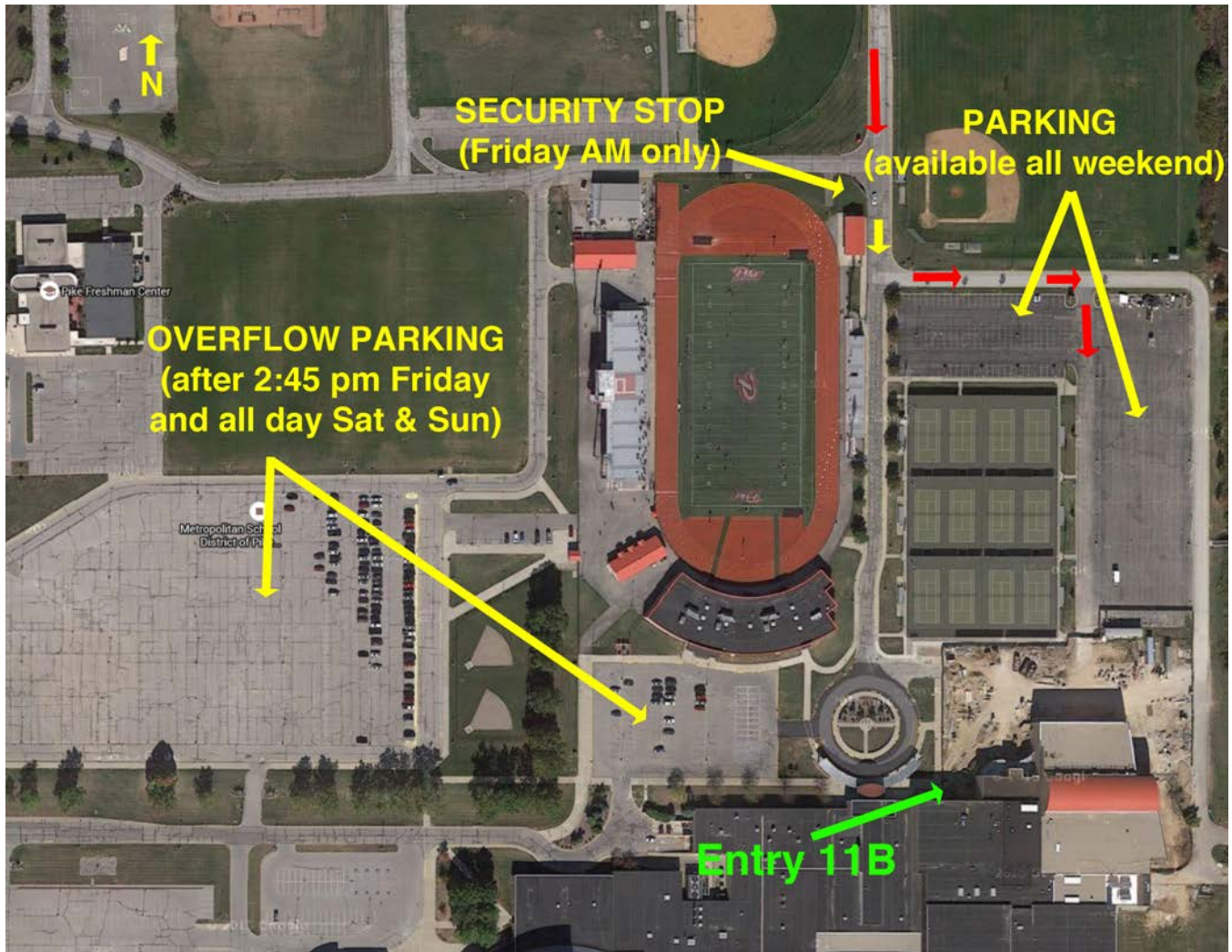


MAP WITH DIRECTIONS TO PIKE HS



PARKING

MAP WITH PARKING LOTS



Parking Flyer for Friday: *Parking is free all weekend!* If you are coming to the Friday morning session, please print the parking flyer to expedite parking. Since school is in session Friday morning, there will be a security vehicle that will need to check each car. If you have the flyer, hold it up for the guard to see as you approach the security vehicle. If you do not have a flyer, just tell the guard that you are at Pike HS for the State Swim meet.

Parking on Friday morning: Since school is in session Friday morning, only the parking lot on the east and north sides of the tennis courts will be open.

Parking Friday afternoon (after 2:30 pm), and all day Saturday & Sunday: Three lots will be open for parking: the lot east and north of the tennis courts, the two lots west of the Pike HS circle drive.

Getting into the Pool

Athletes, Coaches, Officials, and Spectators, will all enter the pool via door # 11B shown on the maps and photos.

Athletes –after entering Door 11B, athletes will follow the signs and turn left to proceed through the first set of double doors to athlete check in. Athletes will need to pick up bag tags that will allow deck access.

Coaches- after entering Door 11B, coaches will be directed to the pool once they show credentials and sign in. They will also be directed to the head table to pay meet fees, and pick up meet packets.

Officials-after entering Door 11B, officials will be asked to show credentials and sign in before entering the pool area.

Only swimmers, credentialed coaches, officials, and meet

volunteers will be allowed on deck. The meet directors reserve the right to deny access to anyone not in compliance.

Spectators – once entering the facility, spectators will be asked to proceed to tables that will take admissions, and then directed to the *second floor for spectator seating*, concessions, vendors, and restroom facilities.



Pool entry 11B

View of pool and Pike HS from north of tennis court parking lot.



Pool entry 11B



Spectator seating at Pike High School Aquatics Center

Psych and Heat sheets

- Psych Sheet - \$10.00
- Prelims heat sheet- \$4.00
- Finals Heat sheet - \$1.00

Admissions

- All session pass- \$20.00
- Prelims – single day - \$8.00
- Finals – free
- 12& under – free
- Coaches and Officials not working will be asked to pay admissions

Restrooms

We intend to keep the lockers rooms designated only for athletes. Coaches, officials, and volunteers will be asked to use the designated restrooms on the pool deck or use the restrooms upstairs near the concessions stand.

Hospitality

We will have hospitality in the classroom located off the pool deck at the south end of the pool. Please follow the signs to the room. Menu plans and hours are included in the packet for your planning.

Wifi

There will be free access to wifi after 2:30pm on Friday. No password is required. There will be no Wifi on Friday morning because Pike HS is in session.



Miscellaneous

Banners. Unfortunately, our venue does not allow banners to be hung.

Pool time. Thursday night pool time for teams is available by contacting Pike Aquatics Director Tom Moore *in advance by email* at tpmoore@pike.k12.in.us.

Air quality issues. In order to keep the natatorium comfortable and air quality optimal throughout the competition, we ask that you help us to keep the vents behind the bleachers clear.

Time trials. We plan to have time trials on Saturday afternoon after the morning prelim session. More information will be provided closer to the event.

Distance events. We are providing timers, but please note distance swimmers will be required to provide their own lane counters.



2016 Senior State Hospitality Menu
Friday, March 11th 2016

Breakfast: 6:15-9am

Chick-fil-A Breakfast sandwich
Biscuits and Gravy
Boiled eggs
Bagels and Pastries
Yogurt
Fresh Fruit

Lunch: 11:00-1pm

Assorted Lunchmeat sandwiches
Salad
Veggies and Dip
Chips
Hotdogs
Cookies/Brownies

Dinner: 3:30-6pm

BBQ-
Green Beans/Baked Beans
Potato Salad
Assorted Desserts

Saturday, March 12th 2016

Breakfast: 6:15-9:00 am

Baked French Toast
Egg Casseroles
Boiled Eggs
Bagels and Pastries
Yogurt
Fresh Fruit

Lunch: 11:00am-1:00pm

Italian Pasta Bar
Bread
Salad
Assorted Cookies/Desserts

Dinner: 3:30-6:00pm

El Meson Taco Bar
Chips and Salsa
Assorted Desserts

2016 Senior State Hospitality Menu
Sunday, March 13th 2016

Breakfast: 6:15-9:00 am

Hot Casseroles: Potatoes/Egg/Chesse/Bacon/Sausage

Donuts

Boiled Eggs

Bagels and Muffins

Yogurt

Fresh Fruit

Lunch: 11:00-1:00 pm

Soup and Salad Bar

Baked Potatoes with Toppings

Cookies/Brownies/Bars

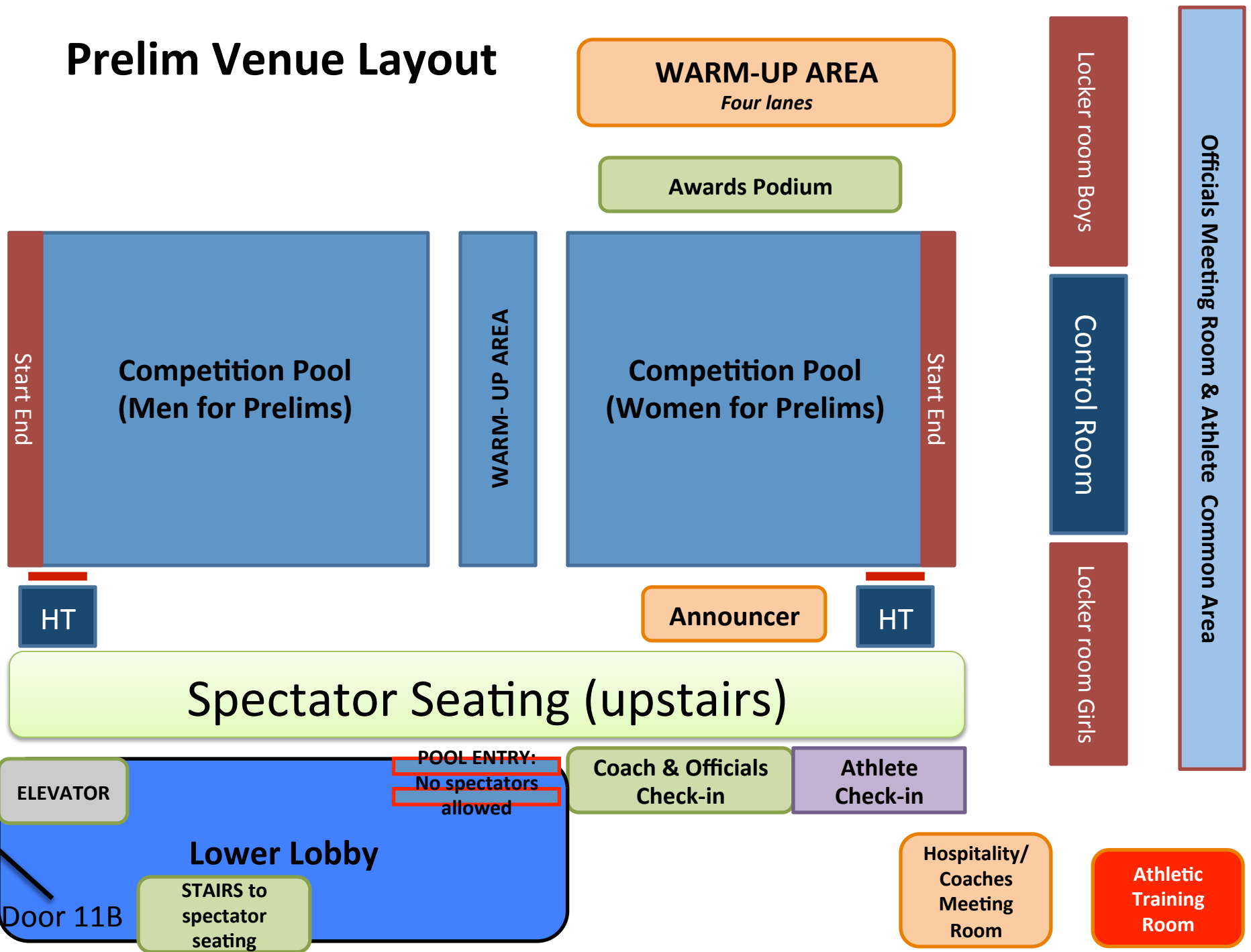
Dinner:3:00-6:00pm

Pizza

Salad

Assorted Desserts

Prelim Venue Layout



WARM-UP AREA
Four lanes

Awards Podium

Competition Pool (Men for Prelims)

WARM-UP AREA

Competition Pool (Women for Prelims)

HT

Announcer

HT

Spectator Seating (upstairs)

ELEVATOR

**POOL ENTRY:
No spectators allowed**

Coach & Officials Check-in

Athlete Check-in

Lower Lobby

STAIRS to spectator seating

Hospitality/Coaches Meeting Room

Athletic Training Room

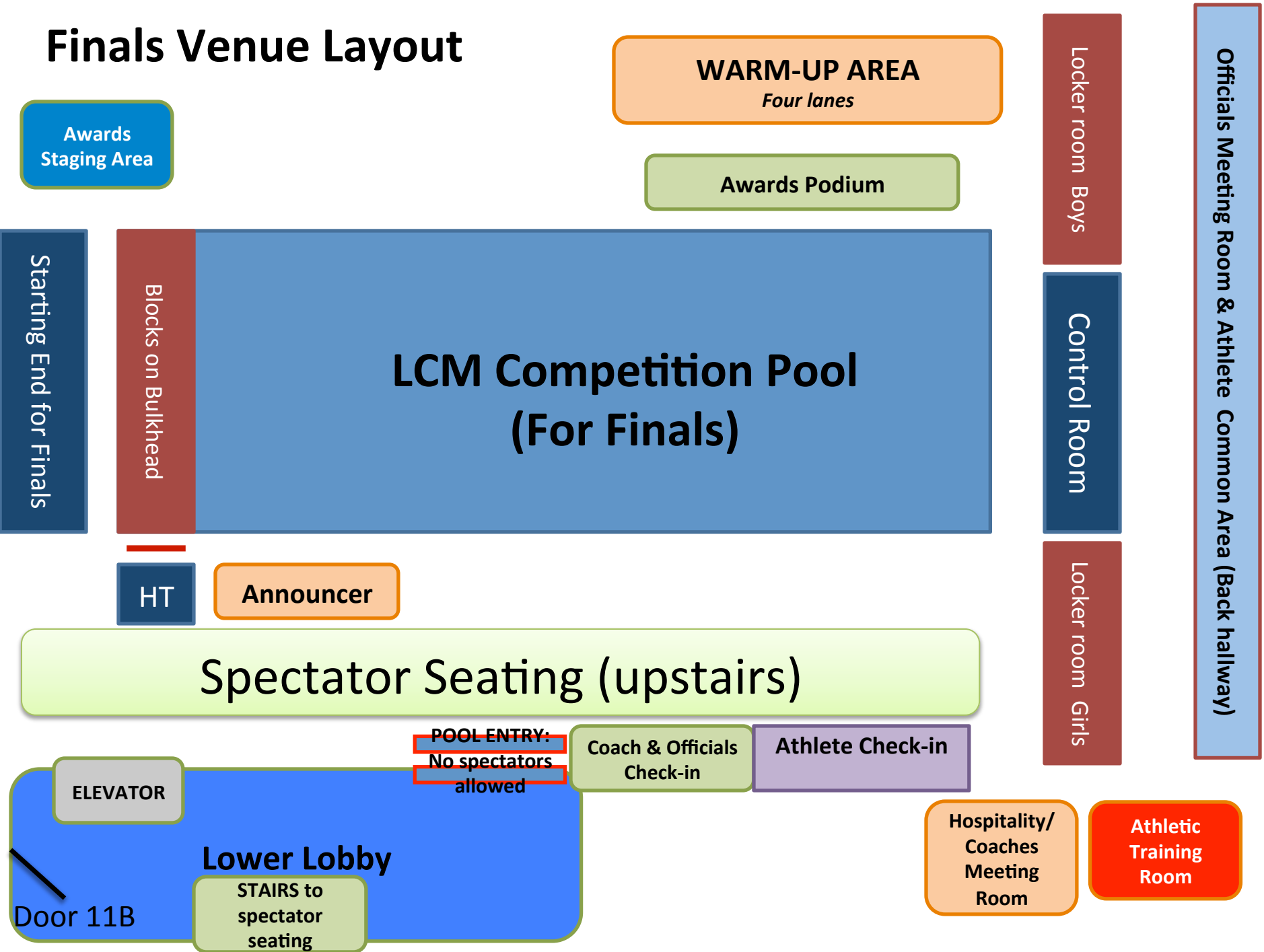
Locker room Boys

Control Room

Locker room Girls

Officials Meeting Room & Athlete Common Area

Finals Venue Layout



Awards Staging Area

WARM-UP AREA
Four lanes

Awards Podium

Locker room Boys

Officials Meeting Room & Athlete Common Area (Back hallway)

Starting End for Finals

Blocks on Bulkhead

LCM Competition Pool
(For Finals)

Control Room

HT

Announcer

Locker room Girls

Spectator Seating (upstairs)

ELEVATOR

POOL ENTRY:
No spectators allowed

Coach & Officials Check-in

Athlete Check-in

Hospitality/Coaches Meeting Room

Athletic Training Room

Lower Lobby

STAIRS to spectator seating

Door 11B

Upstairs Venue Layout

WARM-UP AREA
Four lanes

Awards Podium

Competition Pool

Spectator Seating
(Balcony)

Viewing Area

Webcast & Handicap Seating

Media Area

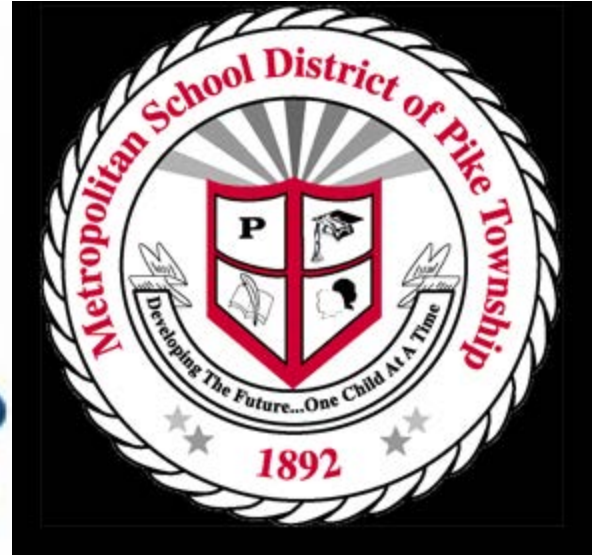
Results & Indiana Swimming Information

ELEVATOR

Doors to seating

STAIRS

Upstairs lobby: Concessions, Vendors, Power Teamwear, Spectator Restrooms



STATE MEET PARKING FLYER 2016